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Sept & Oct  
2010



**Words from the Heart**

Words have power. The vibration of the tone of the words you speak impact others on many levels. Everything is energy including the words you speak and those words affect other people. You already know this to be true because you have experienced hurt feelings based on the manner in which your words are spoken. Tone, inflection and the intention behind the words you speak all have power to affect other people.

Do you know anyone who speaks harshly or reacts quickly with defensiveness? If you've asked them to be mindful of how they speak to you, do they use the excuse that it's "just the way they are?" Perhaps it is time to step away from interacting with people who are harsh with their words. It could be beneficial to imagine the person who is inconsiderate of your feelings changing their ways and send extra love and prayers their way. When they use the excuse that it's "just the way they are," challenge them to change the way they are or at least how they are with you.

Test this yourself by trying the following exercise: Spend two or 3 hours of your day speaking from your heart. In other words, whenever you talk to anyone, put all of your attention on your heart chakra. Observe how people act or react to you. Spend another 2 or three hours speaking from your head or mind. Observe how people act or react. Spend the last 2 or 3 hours of your day speaking with your focus on your heart and your head. Observe how people react.

The first time I tried this, I spent 2 or 3 days with all of my awareness on the heart chakra. All that I did, all that I said and every breath that I took I was focused on my heart and on love. It also included the intent that as I looked out of my eyes I looked with love and sent loving energy through my eyes as I looked at others. The results were amazing. I encourage you to try this yourself.

It is my intent to spend every day in this way. It's a practice and I am still human. So I accept the challenge and keep practicing. I ask you to challenge yourself to this practice. Every day I challenge myself with this practice. Some days I am better at it than others. Regardless of how good at it you are or not, you just have to keep trying.

Here is an affirmation you can use. Combine it with a gem to help you stay focused. Use blue calcite, celestite, aquamarine, angelite or any pastel blue stone.

"I am impeccable with my word. My words are spoken with love and kindness. I can easily change the manner in which I speak with others so the expression is nice, sweet and thoughtful. I communicate softly regardless of what has to be expressed. Love vibrates through the sounds that come through me. "

May your days be filled with blessings and love and may the angels light your path!

Margaret Ann

<b>Sunday</b>	<b>11 am – 3 pm</b>
<b>Mon – Thurs</b>	<b>11 am – 8 pm</b>
<b>Fri &amp; Sat</b>	<b>11 am – 6 pm</b>

**2610 North Federal Highway, Boynton Beach**  
**Website:** [www.thecrystalgarden.com](http://www.thecrystalgarden.com)  
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**Phone:** **561-369-2836**

**ANGELS, MASTERS GUIDES & SPIRIT GUIDES**

**GATEKEEPER SPIRIT GUIDES: YOUR EMISSARIES TO THE SPIRIT WORLD with Rev. Michele McGrew.** Ever wonder what your soul's purpose is here on Earth? As keepers of your Akashic records, these Guides can help you tap into your soul contracts to discover your true potential so you can walk the path of your destiny. Gatekeeper Spirit Guides can help you: Learn how to access your own Akashic Records; discover clues from past lives that will illuminate your life's purpose; understand your soul contracts and find meaning in your soul mate relationships. These benevolent Guides can provide you with messages that will guide you through your spiritual journey. All you have to do is listen.



Wed, Sept 8 7:30 - 9:30 PM, \$20

**SIGN UP FOR SPIRIT U - THE CLASSROOM OF LIFE & LEARN EVERYTHING THEY FORGOT TO TEACH YOU IN SCHOOL with Rev. Michele McGrew.** Are you looking for a deeper meaning of your life and your purpose? Then sign up for Spirit U and connect with your Teacher Spirit Guides for a new perspective on life's lessons! These Spirit Teachers are devoted to helping you discover your true path in life so that you can step into the life you were truly meant to live. In this workshop you'll...gain a deeper understanding of your life and your purpose; uncover a deeper meaning to your life's experiences; discover your passion; wake up your inner wisdom. Remember, "When the student is ready, the Teacher will appear."

Wed, Oct 6 7:30 - 9:30 PM, \$20

**MEET YOUR GUARDIAN ANGEL FOR ADULTS with Lesa Cicciu.** As we grow up, it's easy to forget that we have a Guardian Angel whose purpose is to help us connect with our own inner guidance. Today you will meet your Guardian Angel and learn how to receive clear, concise, uplifting messages regarding your life's questions. Tools that we will use to help us connect with our Angels will include guided meditation, oracle cards, crystals, and automatic writing.



Sat, Oct 16 3:00 - 5:00 PM  
\$20, pre-registration required.

**CONNECTING WITH YOUR GUARDIAN ANGEL FOR TEENS with Rev. Lesa Cicciu.** See page 2 under CHILDREN & TEEN ACTIVITIES.

**ANIMAL COMMUNICATION**

**ALLOWING LOVE THROUGH ANIMAL COMMUNICATION with Vicki Beane Mitchell.** It's easy to "talk to the animals" but can you listen? Want to hear their stories while your pet is doing this crazy thing? What message that visiting animal or your pet has for you? Join the fun of communicating and bring a photo of your pet or animal. Leave pets at home!



Thurs, Sept 16 7:30 - 9:30 PM  
 Tues, Oct 19 7:30 - 9:30 PM  
 \$20 per class

**Crystal Healer Certification Level 1**

With Margaret Ann Lembo

Deeper understanding of each of the body's energy centers.

**Fri, Oct 1 6:30 - 9:30 PM**  
**Sat, Oct 2 10:00 AM - 5:00 PM (1 ½ hr break for lunch)**

**Teleseminar! 7 week series with 1.5 hour classes starting Wednesdays October 19 and ending December 1. 8 PM ET - 9:30 PM ET.**



The purpose of the Level I course is to provide an in depth study, experience and understanding of spiritual healing with crystals, colors and the chakras. Increase your awareness of your chakras and how color, thoughts and feelings affect your reality. Learn to heal yourself and others - mentally, emotionally and spiritually - through a deeper understanding of each of the body's energy centers. **\$222. Prepayment required.**

## ASTROLOGY

**BEGINNER'S ASTROLOGY: 6 WEEK SERIES with Amy J. Volkens.** Here's the class you've been waiting for. We'll cover the "alphabet" of astrology: the planets, signs, and houses. The class is 6 weeks: Weeks 1 & 2: the 12 SIGNS. Weeks 3 & 4: the PLANETS. Weeks 5 & 6: the HOUSES. All classes are digitally recorded so if you can't attend a class...you don't have to miss it!



Mondays, Sept 13, 20, 27 and Oct 4, 11, 18

7:30 - 9: 00 PM, \$122 prepaid for 6 week series or \$22 per class.  
*Note: if paying "per class", it is highly recommended that you have a general knowledge of basic astrology or have previously attended one of Amy's "Beginning Astrology" classes and plan on attending all 6 weeks of the series .*

**PLANETARILY SPEAKING: WHAT'S GOING ON 'UP THERE'?** with Amy J. Volkens. What's your passion? Life path? Purpose? Do you know? Tonight Amy will answer questions using your birth chart to help you understand what's going on. So if you want info on timing for career, relationships, moving, finding your heart's desire, and/or anything else in your life, this is the class for you. Bring your date, time and place of birth with you. Amy will run your chart during the class. No astrology background required. Everyone attending may download recording for free.

Tues, Sept 7 7:30 - 9:00 PM  
Mon, Oct 25 7:30 - 9:00 PM  
\$22 per event

**VENUS RETROGRADE: TIME TO RE-EVALUATE** with Amy J. Volkens. Observe how you are "spending" the things you value: time, money, energy and emotions. Come find out where and how this planetary cycle (10/8 - 11/18/10) applies to you universally and personally, and for each of the 12 signs. No astrological background is needed.



Attendees will be able to download a free recording for their own use.

Wed, Oct 6 7:30 - 9:00 PM \$22

## AURAS & CHAKRAS



**CHAKRA CLEANSING, BALANCING AND ENERGIZING with Carole Lynn Grant.** To be really intuitive, you must learn how to work with your chakras. They are an energy source for you right in your own body all ready to go. In this class, you will learn how to recognize your chakras, then cleanse, balance and energize them.

Thurs, Sept 9 7:30 - 9:30 PM, \$20

**TODO ACERCA DE SUS CHAKRAS!! (en Español) con Beatriz Cymberknopf.** Todo acerca de sus chakras! Ésta clase le presentará las siete chakras principales y las vibraciones de color asociadas con cada uno de éstos centros energéticos. Aprenderá cómo sus chakras como vórtices de energía, son un mapa que hay que aprender a leer en relación a su mundo interior. Ésta clase le enseñará como trabajar su energía a diferentes niveles para lograr el equilibrio interno. Además aprenderá cuáles son las funciones de los siete vórtices giratorios de energía llamados Chakras ; y conocer aspectos de equilibrio y desequilibrio de cada Chakra; y cómo trabajar con ellas para reparar el flujo de energía. Hablarémos sobre la práctica de meditación como una poderosa herramienta de sanación. Concluiremos con un ejercicio de meditación para trabajar el flujo de energía, activar y alinear sus chakras.



Miércoles, Septiembre 29 7:30 - 9:30 PM, \$20

**AKASHIC RECORDS AND SOUL READINGS with Rev. Linda J. Kanin.** See page 4 under PERSONAL ALIGNMENT.

*We will be closed on Monday, Sept 6  
For Labor Day!*

## AURAS & CHAKRAS - CON'D.

**A BETTER SPIN ON CHAKRAS with Rev. Linda J. Kanin.** We will learn all about the chakras, what they are, where they are located, and how they vibrate into each dimension of our consciousness. We will note the significance of colors associated with the chakras and the aura. We will mediate to open and close our chakras at will, and learn when, and why it is necessary to do so. We will learn to extend our subtle bodies of consciousness and aura into outer consciousness and connect to "All That Is."



Tues, Oct 12 7:30 - 9:30 PM \$18



**CHANGE YOUR MIND, CHANGE YOUR AURA with Rev. Linda J. Kanin.** Learn to control your thoughts, feelings and words, to be aware, to see what is around you, and create a positive environment. Old habits die hard, especially the bad ones. We get so used to being a certain way that we don't realize what we are creating. Together, let us use better imagery, positive attitude and thinking to create a better mind and beautiful aura!

Tues, Oct 26 7:30 - 9:00 PM, \$18

## CHANNELING

**CHANNELING: THE ONES WHO WATCH OVER with Melissa Applegate.**

Receive answers to your personal questions regarding your love life, work, spirit guides, past lives, social, political, universal, metaphysical and spiritual interests from "The Ones Who Watch Over," a collective essence of Light Beings who have channeled through Melissa publicly and privately for over 20 years, delighting and enlightening audiences with their insight, wisdom and humor.



Thurs, Sept 2, 16 & 30 7:30 - 9:30 PM  
Thurs, Oct 14 & 28 7:30 - 9:30 PM  
\$20 per class

## CHILDREN AND TEEN ACTIVITIES



**CHILDREN EXPLORE CRYSTALS with Karen Truhon.** Inviting children ages 6 and older to learn about crystals. Children will learn how to use their intuition, how to choose a crystal, clear and infuse a crystal. They will have fun with exercises learning about the specific abilities of individual crystals.

Sun, Sept 12 1:00 - 2:30 PM, \$15 child, \$10 additional sibling.

**CONNECTING WITH YOUR GUARDIAN ANGEL FOR TEENS**

**with Rev. Lesa Cicciu.** Each of us has our own personal Guardian Angel who watches over us, but did you know that they are not allowed to help without your invitation? Come learn how to connect with your Angel who is waiting to protect and guide you—all you have to do is ask.



Sat, Sept 18 1:00 - 3:00 PM  
\$20, pre-registration required.

**TEENS MEDITATION INSTRUCTION & REIKI CIRCLE with Lesa Cicciu.** Come learn how to meditate and at the same time receive a mini Reiki Healing Session. As you connect to spirit, guided universal life force energy enhances your body's natural ability to heal itself, helps you stay focused, helps keep your thoughts positive, relaxes your mind and body, and refreshes your spirit.

Sat, Oct 16 1:00 - 2:30 PM, \$15, pre-registration required.

**KIDS ONLY REIKI CIRCLE (AGES 5-12) with Karen Truhon.** Inviting children ages 5 - 12 to learn about giving and receiving healing energy. Children will tap into their own natural healing abilities in a safe & loving environment. Each child will receive Reiki from the group. No previous knowledge of Reiki is required. Beginners encouraged to attend.

Sat, Oct 9 1:00 - 2:30 PM, \$5

**FULL MOON DRUMMING CIRCLE and SHAMANIC JOURNEY with Margaret "Seven Feathers" Lembo.** Note that children under 16 can attend for free with their parent's attendance. See page 3 under DRUMMING.

## CHILDREN AND TEEN ACTIVITIES - CON'D.

**TWEEN TIMES: MANIFESTING USING THE COSMIC CYCLES with Margaret Ann Lembo.** Using oracle decks, meditations and crystals, we'll create a ceremony to manifest for the upcoming cycle. The cross-quarter is a powerful time to create reality and has potent energies awaiting your attention. Come find out how to create your own rituals and ceremonies to bring you wealth, good fortune, health, a positive attitude, romance, and anything else you might be wishing for. Bring paper, pencil, and the willingness to change your mind so you can change your life!



Mon, Oct 25 7:30 - 9:30 PM, \$20

## CRYSTALS, GEMSTONES, AND CRYSTAL BOWLS

**MANIFESTING WITH CRYSTAL SINGING BOWLS with Margaret Ann Lembo.**



Focus and imagine your life as you wish it to be. Reaffirm your goals. We will each put our order into the Universe by stating our "list" out loud. You have the opportunity to manifest what you wish with the help of the group energy. Margaret will lead a meditation while playing the singing crystal bowls to balance and align your chakras first and then guides you to manifest your heart's desires.

Sun, Sept 19 1:00 - 3:00 PM, \$22

**CRYSTAL HEALER CERTIFICATION LEVEL 1 with Margaret Ann Lembo.** The purpose of the Level 1 course is to provide an in depth study, experience and understanding of spiritual healing with crystals, colors and the chakras. Increase your awareness of your chakras and how color, thoughts and feelings affect your reality. Learn to heal yourself and others - mentally, emotionally and spiritually - through a deeper understanding of each of the body's energy centers. This class will teach you about clear quartz crystals, the chakras, color therapy, reading and balancing energy of the body, laying on of stones, clearing negative energy, color as it relates to each of the chakras. We will cover the 7 chakra system and colored gemstones, clear quartz crystals. **Required Reading:** *Crystal Enlightenment* by Katrina Raphael; *Women's Book of Healing* by Diane Stein.

Fri, Oct 1 6:30 - 9:30 PM and  
Sat, Oct 2 10:00 AM - 5:00 PM (1½ hr lunch break)  
\$222, prepayment required.

**THE GEMSTONE ORACLE with Margaret Ann Lembo.** Learn to read the stones! The Gemstone Oracle is a technique to gain insight and understanding based on the crystals one chooses from a pile of beautiful sparkling gems. Every color, shape, and stone has a meaning which relates to the chakra system. Come learn about chakras, color and crystals and learn to "read the stones" for personal insight and to help others. This is a perfect class for those who have taken or will be taking the *Angel Messenger Practitioner® Program*.



Mon, Oct 4 7:30 - 10:00 PM, \$22

**CHILDREN EXPLORE CRYSTALS with Karen Truhon.** See page 2 under CHILDREN & TEEN ACTIVITIES.

### Sessions available by appointment at *The Crystal Garden*

**Angel Gemstone Oracle Sessions with Margaret Ann Lembo**  
\$125 per hour or \$75 for a half hour

**Past Life Regressions and Crystal Chakra Alignments with Margaret Ann Lembo**  
\$125 flat rate—1.5 hours

**Reiki Sessions with Rev. Lesa Cicciu**  
Ranging from \$75—\$120

**Massage Therapy with Steve Sklar or Lesa Cicciu #MA42485**  
Ranging from \$85—\$120

**Private Reiki 1 and 2 Classes & Attunements with Pam Elliott**  
\$180 each level for approximately 2 hrs.

**Reiki Mini-Sessions with Pam Elliott** 20 minutes for \$20 Fri, Sat & Sun

## DREAMING

**COMMUNICATING WITH OUR SUBCONSCIOUS SELVES THROUGH THE MESSAGES OF OUR DREAMS with Leah J. Fortner.** Learn the language of your dreams. Open yourself to the guidance and communication available within dreams and connect to deeper levels of your true nature. Understand how the symbols are specific to each individual and how to interpret them. Receive exercises on how to create stronger memories of your dreams once you wake.



Wed, Sept 22 7:30 - 9:30 PM, \$20

**PRIVATE SESSIONS: DREAM INTERPRETATION with Leah Fortner.** Sessions include a detailed review of your dream and an in-depth application of the interpretation into your life.

Tues Sept 21 & Thurs Sept 23  
11:30 AM - 5:30 PM, \$90 for 1 ½ to 2 hours,  
appointment and prepayment required.



**DREAM INTERPRETATION with Carole Lynn Grant.** Our dreams tell our stories in interesting ways, with clues, symbols and action movies. They point out our fears, blocked areas and potential victories. This class will help you to shift your perceptions to be able to capitalize on all the good that can happen this year. Carole was a student of Dr. Stanley Kripner, author of *Dream Research in the USSR*.

Wed, Oct 13 7:30 - 9:30 PM, \$20

## DRUMMING

**FULL MOON and AUTUMNAL EQUINOX DRUMMING CIRCLE and SHAMANIC JOURNEY with Margaret "Seven Feathers" Lembo.** On this auspicious day of balance, connect with the energies of the equinox along with thousands of people around the planet. Establish intention for the next quarter of your life! Margaret "Seven Feathers" will call in the 7 directions using Smudge in Spray, a liquid alternative to smoking smudge. The first round of drumming will be dedicated to clearing away the old. The second round of drumming will call forth and invoke the new as you focus on and imagine your life as you want it to be. During the third round, Margaret will drum you through a shamanic journey into yourself, with your power animal, to help you find the answers and guidance to step forth empowered and confident. Bring your drum or rattles if you have them although you don't need a drum to attend. You also will have an opportunity to drum on the big Pow Wow drum during this experiential workshop.



Thurs, Sept 23 7:30 - 10:00 PM,  
(Note: This event often goes beyond 10:00 PM. Be prepared to stay for the full ceremony as this is a Sacred Circle event)

\$22 (children under 16 are free with a parent), maximum 30 people.

## FENG SHUI

**RADIANT HEALTH WITH FENG SHUI with Melissa Applegate.** Are you frequently tired? Do you lack motivation? Do you or family members within your household have specific health concerns? This class will address traditional and transcendental feng shui methods to prevent disease and promote optimum health.



**Please bring a floor plan of your home to class, a notepad and pencil, and 18 red envelopes with a small amount of money (some loose change or a dollar bill) in each envelope.** Red envelopes are available for sale at *The Crystal Garden*.

Note: Participants who pre-register and pay for the class in advance on or before Sept 4 are entitled to receive a professional graphic of their personal bagua at no extra charge. In order to receive this service, please leave a copy of your floor plan at the front desk along with your payment.

Sat, Sept 11 12:00 - 3:30 PM  
\$54 prepaid (plus 18 red envelopes)

## MEDITATION

**BEGINNERS' MEDITATION with Rev. Lesa Cicciu.** All the greatest teachings and teachers agree that meditation is the most important tool on the spiritual path. It's far easier than you've been lead to believe and everyone can do it, taking only minutes to learn and minutes to do. This practice reduces stress while increasing vitality and rejuvenation of body, mind and spirit.



Sat, Sept 4 2:00 - 4:00 PM  
\$22, pre-registration required.

**TEENS MEDITATION INSTRUCTION & REIKI CIRCLE with Lesa Cicciu.** Come learn how to meditate and at the same time receive a mini Reiki Healing Session. As you connect to spirit, guided universal life force energy enhances your body's natural ability to heal itself, helps you stay focused, helps keep your thoughts positive, relaxes your mind and body, and refreshes your spirit.

Sat, Oct 16 1:00 - 2:30 PM, \$15, pre-registration required.

## NATIVE AMERICAN TEACHINGS

**MEDICINE WHEEL WORKSHOP with Margaret Ann Lembo.** This experiential workshop will bring you through the 36 stones of the Medicine Wheel. Learn about the 7 directions, the 13 Moons and Animal Medicine in a ceremonial way. Build the wheel with me, walk it and experience a new level of understanding of the cycles of life from a Native American perspective as shared by a non-Native facilitator. This is a very special event offered only once or twice a year.



Sat, Sept 25 12:30 - 4:30 PM, \$13

**THIRTEEN MOONS: A WOMEN'S CIRCLE facilitated by Margaret Lembo.**

This event invites women to reconnect with the "Legacy of Woman," the Sisterhood & the Earth Mother. We will use Jamie Sams book, *The 13 Original Clan Mothers* as our guide, studying a chapter each month. Bring drinking water, 4 flowers. Bring your own copy of the book if possible. Available for sale at *The Crystal Garden*.



Mon, Sept 13  
Wed, Oct 13  
7:15 - 9:45 PM, \$13 per event

## NUMEROLOGY



**NUMEROLOGY with Carole Lynn Grant.** Numerology gives you a snapshot of your talents, potentials and weaknesses. It is easy to learn and is an amazing tool for growth. You can also do compatibility charts and find ways to communicate effectively with the people who matter the most in your life.

Wed, Oct 27 7:30 - 9:30 PM, \$20

## Angel Messenger Practitioner® Program

with Rev. Margaret Ann Lembo, Angel Therapy Practitioner®, AMP®

- Learn Guardian Angels, Archangels, Ascended Masters, Spirit Guides, Animal Totems, Elementals, Fairies and Deceased Loved Ones.
- Discover your natural intuitive communication & gain deeper insight and understanding of your angels' messages.
- Learn how to give angel readings using Doreen Virtue's oracle cards.
- Understand and integrate ethical and confidentiality issues in spiritual counseling.
- Learn how to read Crystals and Gemstones using The Gemstone Oracle technique
- Practice automatic writing, psychometry and mediumship with the angels for receiving messages and information.
- Learn techniques to build your practice.

Friday, Nov 5 6:30 PM - 10:00 PM  
Saturday, Nov 6 10:00 AM - 5:30 PM  
Sunday, Nov 7 9:00 AM - 2:00 PM

**\$333 Maximum 26 people, prepayment required.**

## PAST LIVES, PARALLEL & PROBABLE REALITIES

### PAST LIVES, FUTURE LIVES, AND THE PRESENT MOMENT

**with Rev. Linda J. Kanin.** Einstein said, "Time is a place." We are so often fascinated with the past. This is because it is part of what we are. In this class we will use a hypnotic induction to shift to the past to have a past life experience. We will also progress to the future potential reality and through the alleged death experience to meet some of ourselves to have a deeper understanding about karma and dharma. This class gives a new perspective on time and regression. A must experience!



Tues, Sept 14  
7:30 - 9:30 PM, \$18

**AKASHIC RECORDS AND SOUL READINGS with Rev. Linda J. Kanin.** In this class Linda will channel information from the Akashic Records. The Akasha is the place where all is recorded including all possibilities, probabilities, the past present and future. Linda will give an Akashic reading for the group as well as individual readings for each attendee, as time permits. Come with questions about phobias and to gain insight on how you may know your friends from other lives, what your karmic responsibility is and any other questions that can help you in your life now. This is a soul reading of your past, present, and future lives. It will hit home.

Tues, Sept 21  
7:30 - 9:30 PM, \$18

## PERSONAL REALIGNMENT



**FIND INNER TRUTH AND GROWTH IN THE MIRRORS THAT ALL OUR RELATIONSHIPS PROVIDE with Leah J. Fortner.** All the relationships in our lives offer us the wonderful gift of a mirror. Learn how to create personal growth by bringing awareness to these mirrors and honoring the truth that is available to us. The answer to "Why do I always end up in this kind of relationship or attracting these types of people?" lies right before you, in the acceptance and understanding of these mirrors.

Tues, Oct 19 7:30 - 9:30 PM, \$20

**PRIVATE SESSIONS: UNDERSTAND RELATIONSHIPS with Leah Fortner.** Leah will help you walk you through relationship struggles or patterns and help bring awareness to personal truths and hidden belief systems that are available when looking into our relationship mirrors.

Mon, Oct 18 & Wed, Oct 20 11:30 AM - 5:30 PM  
\$120 for 1 1/2 to 2 hours, appointment and prepayment required.

**HEALING THE INNER CHILD with Carole Lynn Grant.** Most of us know that our subconscious mind runs our life, rather than our logical mind. However, if your inner child has been hurt or abused, you can still hold onto negative thought patterns. This class will teach you how to integrate the inner child with the outer you to achieve more joy and fulfillment.



Wed, Sept 29 7:30 - 9:30 PM, \$20

**UNLEASH YOUR JUICY JOY with Lisa McCourt.** A Juicy Joy workshop is about connecting – connecting with that deepest, most authentic and creative part of ourselves. The part that makes everything in life richer, more exciting, more alive.



The part that's folded, squished up, and buried deep inside every one of us, just waiting for a chance to be pulled out of obscurity and let loose to sing, shine, and shimmy. If you know the part I mean, and you'd like some help with the pulling, this is the workshop for you! Come with me on a spelunking expedition into those hidden nooks and crannies you've kept sealed away until now and discover how shining light on our hidden parts enables us to connect with and live as our most authentic selves. Through powerful exercises and meditations, a **JUICY JOY** workshop will bring you to new levels of acceptance and self-love. No sharing will be required, so come prepared to get utterly real with the only person who truly matters – you.

**Lisa McCourt's** passion for aligning people with their best selves began in 1997 with the publication of *I Love You, Stinky Face* – the first of her many books designed to assist parents in expressing unbridled, unconditional love for their kids. With over five million books sold since then, Lisa is overwhelmingly grateful for the opportunities she's had to create joy and expansion in people's lives.

Wed, Oct 20 7:30 - 9:30 PM, \$25

## PSYCHIC & SPIRITUAL DEVELOPMENT



**TELEPATHY, PSYCHOMETRY AND BILLETS with Margaret Ann Lembo.** This is a fun class where we all get to recognize that we have the ability to connect with vibrational intuition. Bring or wear your jewelry to read. A great way to practice opening your psychic abilities and everyone gets a reading!

Mon, Sept 27 7:30 - 9:30 PM, \$20

### LEARN HOW TO PREDICT YOUR OWN FUTURE with Carole Lynn Grant.

Carole will teach a quick and effective way to read a plain deck of cards. This tool helps you to analyze difficult problems or blocks and find solutions. Bring a standard deck of cards and be ready to have some fun.



Wed, Sept 15 7:30 - 9:30 PM, \$20

## REIKI

### COMMUNITY GATHERING Reiki Circle with Lesa Cicciu & Fern Pearl.

Sun, Sept 5 & 19 11:15 AM  
Sun, Oct 3, 17 & 31 11:15 AM  
\$5 Love offering/donation per event.

**COMMUNITY GATHERING Reiki Circle with Lesa Cicciu.** In the spirit of healing, please join us in creating this traditional Reiki Circle where all are invited to receive and all Reiki practitioners are encouraged to share.

Sun, Sept 12 & 26 11:15 AM  
Sun, Oct 10 & 24 11:15 AM  
\$5 Love offering/donation per event.



### REIKI 1 CLASS & ATTUNEMENT with Rev. Lesa Cicciu.

Possibly the oldest form of healing, Reiki clears blockages, aligns energy, balances chakras and revitalizes you on all levels. Learn this powerful technique to channel chi/energy for yourself and others by tapping into the infinite healing forces of the Universe. **Please bring a massage table if you have one.**

Sat, Sept 11 1:00 - 4:00 PM  
\$170, prepayment required.

**REIKI 1 (en Español) con Beatriz Cymberknopf.** Este taller trata del antiguo arte curativo de Reiki 1 incorporando cuerpo, mente y espíritu. Aprenderá como comenzó Reiki, cómo utilizar el método del primer grado para la autocuración y la sanación de otras personas y de grupos. También recibirá los cuatros alineamientos de Reiki 1, por siempre uniéndolo/a a la fuerza vital universal de la energía Reiki, tal y como se enseña en el método Usui. Recibirá la certificación correspondiente de Reiki 1; permitiéndole continuar con estos estudios si así lo desea. Favor de inscribirse a tiempo. El espacio es limitado. Esta clase no requiere de conocimientos previos.



Sábado, 18 de septiembre 11:15 AM - 4:15 PM  
(con 1 hora para el almuerzo), \$165 - Prepago.



**REIKI LEVEL II CLASS & ATTUNEMENT with Lesa Cicciu.** Using Reiki symbols greatly magnifies the effects of this ancient healing art. Come learn how to deepen your ability to channel universal life force energy for yourself and others. Please bring a massage table if you have one. Pre-requisite: Proof of *Reiki Level 1* certification. Max 6 participants,

Sat, Oct 9 1:00 - 4:00 PM  
\$170, prepayment required.

**TEENS MEDITATION INSTRUCTION & REIKI CIRCLE with Lesa Cicciu.** See page 4 under MEDITATION.

**POLICY:** Call if you are coming to a class by 5:00 p.m. at 561-369-2836. *Minimum 4 required.* The option to prepay for a class in order to receive a discounted fee is specific to the given month in which you are committing for a specific series of classes. Credits may not forward to another month due to non-attendance. Prepayment of an event is not refundable. Prepayment for events is not refundable when the practitioner is traveling from another state to teach. Travel arrangements are made based on sign-ups for their events.

## SHAMANISM

### THE SHAMANIC POWER OF ANIMALS & ALLIES with Melissa Applegate.

Our spiritual guides, allies, totems, and loved ones are constantly communicating with us and striving to help us attain our goals and overcome life's challenges. The problem is that most of us don't recognize that we're being spoken to. In this class, we will learn the key signals that alert us that Spirit has sent us a message, the simple and effective tools that help reveal the message's hidden meaning, and how the diversity of Nature -- including land, air, and water creatures -- can nourish and strengthen our relationship with all beings. *Please bring a pencil, something to write on, and be aware of any unusual or frequent sightings of animals in the days leading up to this class.*



Wed, Sept 15  
7:30 - 9:30 PM, \$20

## SPECIAL EVENTS

**INTRODUCTION TO THETA HEALING™ with Karen Truhon.** Come and learn about ThetaHealing™, the healing modality by Vianna Stibal that is being taught



worldwide. Theta Healing™ teaches you how to access a Theta Brain wave and connect to the energy of All That Is. It is from this place that instant healing and manifestation takes place. You will also experience muscle testing for limiting subconscious beliefs that are holding you back in life. You will then be downloaded with positive feelings to your DNA. Come and experience this amazing technique and create the life you desire.

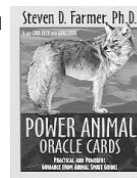
Tues, Sept 14 7:30 - 9:00 PM, \$15 prepaid or \$20 at the door

**PRIVATE SESSIONS: THETA HEALING™ with Karen Truhon.** A personalized session to identify what subconscious beliefs are holding a client back from the life they desire, pull the beliefs from their DNA and download positive beliefs and provide healing.

Wed, Sept 15 11:30 AM - 5:30 PM  
\$60 for ½ hour, \$120 for 1 hour, appt and prepayment required.

### HOW TO GIVE AN ORACLE CARD READING with Dr. Steven Farmer.

Steven will teach you how to use his *Power Animal Oracle Cards* and *Messages from Your Animal Spirit Guide Oracle Cards*. Here you'll learn to give precise and detailed readings to yourself and others and expand on your intuitive skills. You'll have ample opportunities to practice within the group setting and will develop greater confidence and trust in your ability to discern messages. Be sure to have at least one deck of oracle cards to work with.



Thurs, Oct 21 7:30 - 9:00 PM (class)  
9:00 - 9:30 PM (booksigning)  
\$32, prepayment required.

### PRIVATE SPIRIT ANIMAL READING & SOUL HEALING with Dr. Steven Farmer.

Dr. Farmer brings his experience as a psychotherapist, hypnotherapist and shamanic practitioner in a unique synthesis of spiritual healing modalities that have proven to be powerful and effective for many of his clients. The intent of Soul Healing is to heal at the spiritual core of the individual by providing whatever shamanic and psycho-spiritual treatment modalities are best suited for the individual's needs.

Fri, Oct 22 11:00 AM - 6:00 PM by appointment only.  
\$200 for 1 hour or \$275 for 1½ hour, prepayment required.

### HEALING WITH EARTH MAGIC with Dr. Steven Farmer.

Dr. Steven Farmer will guide you through a series of gentle yet powerful processes designed to encourage and deepen this connection with the Earth and the spiritual forces that are available to us for healing and guidance. In this workshop with Dr. Steven Farmer, you will contact your animal spirit guides for help with important questions about your life; learn how to listen more closely to the voice of spirit as it speaks through Nature; discover how to call back and return an important missing soul piece that was lost along the way; contact an ancestral spirit guide that wants to help you along your path.



Sat, Oct 23 11:00 AM - 2:00 PM, \$42, prepayment required

*Dr. Steven Farmer is world-renowned author, teacher, and soul healer. He is the author of the best-selling Earth Magic, Animal Spirit Guides, Sacred Ceremony, Power Animal Oracle Cards, Messages from Your Animal Spirit Guides Oracle Cards, Power Animals, and the Messages from Your Animal Spirit Guides guided meditation CD. He's also host of his own radio show, Earth Magic on Contact Talk Radio*

## TAI CHI

### **BEGINNERS & NEW STUDENTS: TAI CHI-CHI KUNG with Sifu (Teacher) Gary**

**Tong, Certified Instructor.** Learn natural ways to: improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.



Tues, Sept 7, 14, 21 & 28 6:00 – 7:00 PM  
\$50 prepaid for 4 weeks or \$15 per class  
Max 10, prepayment required.

Tues, Oct 5, 12, 19 & 26 6:00 – 7:00 PM  
\$50 prepaid for 4 weeks of \$15 per class  
Max 10, prepayment required.

### **INTERMEDIATE TAI CHI-CHI KUNG FOR THOSE WHO HAVE LEARNED THE CIRCLE FORM with Sifu (Teacher) Gary Tong, Certified Instructor.**

Learn natural ways to: improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.

Thurs, Sept 2, 9, 16, 23 & 30 6:00 – 7:00 PM  
\$60 prepaid for 5 weeks or \$15 per class  
Max 10, prepayment required.

Thurs, Oct 7, 14, 21 & 28 6:00 – 7:00 PM  
\$50 prepaid for 4 weeks or \$15 per class  
Max 10, prepayment required.

## YOGA

**BEGINNER'S ECLECTIC YOGA with Clay Goldstein.** Join us for a graceful blend of yoga postures emphasizing breathing with synchronized movement and alignment, while building strength, flexibility, and balance, combined with meditation for relaxation and clarity. Perfect for those new to yoga and for ongoing students. Bring a yoga mat or purchase one at *The Crystal Garden*.

Mon, Sept 13, 20 & 27 11:15 AM – 12:15 PM  
\$40 prepaid for 3 weeks or \$15 per class. Maximum 8.

Wed, Sept 1, 8, 15, 22 & 29 6:00 - 7:00 PM  
\$60 prepaid for 5 weeks or \$15 per class. Maximum 8.

Mon, Oct 4, 11, 18 & 25 11:15 AM – 12:15 PM  
\$50 prepaid for 4 weeks or \$15 per class. Maximum 8.

Wed, Oct 6, 13, 20 & 27 6:00 - 7:00 PM  
\$50 prepaid for 4 weeks or \$15 per class. Maximum 8.

**YOGA FOUNDATIONS FOR ALL BODIES with Carlee Kalyani Cohen or Patricia Kretzschmar** Do you experience challenges in your body? Does your back feel tight? Do you struggle with illness? Everyone's body is unique. In this series you will experience Hatha Yoga classes that bring you into balance by focusing on the body, mind and breath. Together we will create more strength, flexibility, and balance in the body by using the science of yoga (postures, breath, movement and concentration). We guide the body to come back to its natural state of ease and the mind into a state of serenity. Studies show that Hatha Yoga strengthens the nervous system, immune system, creates an alkaline (disease free) environment, and cleanses the organs and glands (among other things). Each class



will be tailored to who attends, and to promoting health and vitality.

Tues, Sept 7, 14, 21 & 28  
Tues, Oct 5, 12, 19 & 26  
12:00 – 1 PM, \$10 per class

## BASIC DNA 1 & 2 THETA HEALING™ CERTIFICATION WORKSHOP

With Karen Truhon



Fri Nov 12 8:30 AM - 5:00 PM  
Sat Nov 13 9:00 AM - 5:00 PM  
Sun Nov 14 9:00 AM - 5:00 PM

**Theta Healing™** is a technique that teaches how to use one's natural intuition, relying upon the unconditional love of the Creator of All That Is to do the "actual work". This exciting 3 day workshop covers all the basics of Theta Healing™ by Founder Vianna Stibal. Upon completion, you will be a Certified Theta Healing Practitioner and can choose to be listed as a practitioner on the thetahealing website. You will be able to do readings and healings on yourself and others.

\$500 for the 3-day workshop, \$100 nonrefundable deposit is required to hold space in class due by Nov 1. Theta practitioners may attend 3-day workshop for \$150 or \$50 per day.

### **Private Sessions with Karen:**

Tues Nov 16 11:30 AM - 5:30 PM

A personalized session to identify what subconscious beliefs are holding a client back from the life they desire, pull the beliefs from their DNA and download positive beliefs and provide healing.

\$60 for ½ hour; \$120 for 1 hour.  
Appointment and prepayment required.  
Call 561-369-2836 to schedule your appointment

## Angel Messenger Practitioner® Program

Angel Therapy Practitioner® and Angel Messenger Practitioner®

Learn about the angelic realm including information about Guardian Angels, Archangels, Ascended Masters, Spirit Guides, Animal Totems, Elementals, Fairies and Deceased Loved Ones.

- Discover your natural intuitive communication style and how to combine clairvoyance, clairaudience, clairsentience and clair-cognizance, clair-smelliness (clair-augustine,) and clair-tastiness in your AMP counseling sessions to gain deeper insight and understanding of your angels' messages.
- Learn how to give accurate and healing angel readings, primarily using Doreen Virtue's Oracle cards. Use these divination tools to help you connect and communicate with your guides and angels and the guides and angels of the person who has come to you for information, clarity, confirmation and assistance. Understand and integrate ethical and confidentiality issues in spiritual counseling.
- Learn how to read Crystals and Gemstones using The Gemstone Oracle technique, developed by Margaret Ann Lembo, ATP®, AMP®
- Practice automatic writing, psychometry and mediumship with the angels for receiving messages and information.
- Learn techniques as to how to advertise yourself and build your practice.



The program includes various meditations to develop your skills and the ability to connect with your guides and angels. It also includes the Guided Meditation CDs by Margaret Ann Lembo, Meet Your Master Guide and **Color Meditation: Align Your Chakras**. It is a requirement that you purchase at least one of Doreen Virtue's Angel Oracle Divination Decks for use in this program.

**Required Reading** to be completed prior to attending: *Messengers of Love, Light and Grace* by Terry Lynn Taylor and *Messages from Your Angels* by Doreen Virtue and *The Light Shall Set You Free* by Norma Milanovich and Shirley McCune.

Program Information:

Requirements for Certification:

- Have an open mind and a willingness to share in a group setting.
- At the completion of the course you will be required to complete at least 10 Angel Messenger Spiritual Counseling Sessions (outside of class).
- Submit a short essay as to why you want to become a certified Angel Messenger Practitioner® and discuss your experience of working with the angels during your sessions.
- Upon completion of the program, 10 sessions and your essay, your Angel Messenger Practitioner® certificate will be mailed to you.

**Fri, 6:30 – 10:00 PM**

**Sat, 10:00 AM - 5:30 PM**

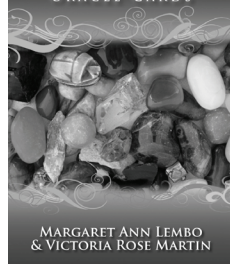
**Sun, 10:00 AM – 2:00 PM**

(Eat dinner before you come on Fri 1.5 hour break for lunch on Sat, bring a snack for Sun)

**\$333 prepayment required**

**Lay Away Options are available**

## ANGEL GEMSTONE ORACLE CARDS



MARGARET ANN LEMBO  
& VICTORIA ROSE MARTIN

*Coming Soon!*

### Angel Gemstone Oracle Cards

Gemstones are powerful tools which guide you toward personal understanding. This deck of 44 oracle cards by Margaret Ann Lembo and Victoria Rose Martin will familiarize you with 44 gemstones. The messages on one side give you a reading. The other side of the card shows you the angel associated with the gemstone and provides a positive affirmation to help you transform your reality. Used regularly you'll learn to give accurate Angel Gemstone Oracle readings for yourself and others. \$15.95

*Reserve your deck today!*  
561-369-2836