



# THE CRYSTAL GARDEN

Books, Gifts & Spiritual Center

Since 1988

May - June 2011

## *Honor the Masculine and the Feminine Within*

I dedicate the following excerpts from my book, *Chakra Awakening*, to the energies of the Mother's Day and Father's Day coming up in May and June. Here are 2 different gemstones to help you balance the masculine and feminine vibration within yourself. Use the affirmation for each gemstone as you carry the stone with you. Each time to touch it or connect with it in any way, bring to mind your intention or affirmation to help you stay on course with what you want to create in your life.

*Connecting with your feminine energy can be challenging, especially if you are accustomed to constantly taking action. The feminine is about non-action. It is doing nothing. It is being an empty vessel ready to receive. The state of feeling and expressing emotions is feminine by nature. Allowing the part of your consciousness that senses to surface improves your connection with the Divine Feminine. The feminine energy is "being," intuitive, patient, contemplative, nurturing, receptive, right brain, creative, calm and allowing.*



*Moonstone is a beneficial stone for mothers and mothers-to-be. It is helpful for the reproductive functions, including fertility, childbirth, menstruation and menopause. It's beneficial for connecting with the Divine Mother at the crown chakra and with the Earth Mother at*

*the navel chakra.*

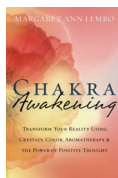
**Moonstone Affirmation:** *I allow love. I am an empty vessel ready to receive insight and wisdom. I flow with grace and am in alignment with my feminine energy.*



*Dalmatian jasper is predominantly white with black spots just like the Dalmatian dog. It elicits loyalty, energy and balancing of the yin and the yang—the masculine and the feminine, or active and passive principles.*

**Dalmatian Jasper Affirmation:** *I have exuberant energy. My masculine and feminine energy are in balance. I am grateful for all my loyal friends and family. I am a good and loyal friend.*

Excerpt from *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought* by Margaret Ann Lembo

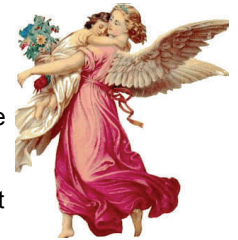


## ANGELS, SAINTS, MASTERS & SPIRIT GUIDES

### Angel Messenger Practitioner Pre-Certification Program for Teens (Ages 10 - 16) ®

**Margaret Ann Lembo, AMP ®**

We all have intuitive gifts. Your ability to know, hear, see or sense the truth using your intuition is as real as your ability to use your physical senses. Often these gifts go un-developed as most of us weren't trained in school or growing up to listen to and trust our own inner guidance. In this program, you will learn and practice different tools for receiving guidance from angels, guides, ascended masters and loved ones on the Other Side.



Through knowledge, practice and development of self-trust, everyone will be giving messages using Divine Guidance throughout the program, using clairaudience, clairvoyance, clairsentience and claircognizance as well as potentially clair-smelliness and clair-tastiness.

Learn about the angelic realm including information about guardian angels, archangels, ascended masters, spirit guides, animal totems, elementals, fairies and deceased loved ones.

Learn how to give angel readings. Learn to use divination tools like the *Angel Gemstone Oracle Cards* and other decks along with crystals and gemstones to help you connect and communicate with your guides and angels and the guides and angels of others. Learn how to read crystals and gemstones using The *Gemstone Oracle* technique, developed by Margaret Ann Lembo, ATP ®, AMP®

**Sat, May 7, 1:00 - 4:00 PM, \$44.00.**

### Hablando con los Angeles!! (en Español)

**Beatriz Cymberknopf**

Esta clase ampliará su base de conocimiento y profundizará su entendimiento hacia el reino angelical. El discurso le ayudará a decidirse y a saber cómo emprender comunicaciones o continuar su trabajo con el reino angelical de forma regular. Aprenderá los atributos de ángeles, directrices de alineación, el saber cómo pedir ayuda, y escuchar dichos mensajes, etc. Practicaremos una visualización de alineamiento para saber cómo integrar éste conocimiento.

**Mon May 23, 7:30 – 9:30 PM, \$20.**



<b>Our Hours:</b>	<b>Sunday</b>	<b>11 am – 3 pm</b>
	<b>Mon – Thurs</b>	<b>11 am – 8 pm</b>
	<b>Fri &amp; Sat</b>	<b>11 am – 6 pm</b>

## Calendar of Events for May - June 2011

### AURAS & CHAKRAS

#### Radio Show Chakra Awakening

**Margaret Ann Lembo**



Start your day in a positive way every Friday from 9:00 AM ET, 6 AM PT with your host, Margaret Ann Lembo, owner of *The Crystal Garden* and author of *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought*. It's easy - just click on [www.blogtalkradio.com/artoflivingwell](http://www.blogtalkradio.com/artoflivingwell) to

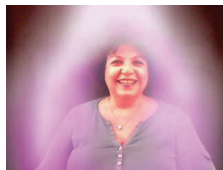
listen. Listen live and call in to get a message from the angels or the Gemstone Oracle. Guest speakers will include astrologers, channels, authors, artists, musicians, rock hounds and visionary leaders. Tune in!

**Every Friday from 9:00 AM Eastern Time**

#### Digital Aura Photophography

**Suzanne Baden**

See your aura live on a computer screen and watch your colors shift as you hold a crystal or change your thoughts and emotions. Exciting new 4x6 digital aura photos are more vivid and detailed than older Polaroid photos. You will receive a two page summary printout of your aura color descriptions. The aura photographer will interpret your photo with a 5 minute mini reading.



**Sat Jun 4, 11:00 AM - 5:00 PM, first come/first served, no appointment necessary, \$25 per photo, \$5 add on for electronic copy sent to customer's email.**

#### Chakra Energy Sessions

**Suzanne Baden**



Every person's aura is their unique signature of physical, emotional, mental, and spiritual well being. Using the same technology similar to the aura photography digital equipment, you can see your LIVE aura and chakras moving & shifting on the screen. Watch your chakra colors, their shape, size and energy around them change as you hold a crystal or stone. See what your energy looks like in each chakra and what it

means as you change your thoughts and emotions. Observe how energy from Suzanne's hands affects your aura and chakras. Includes a chakra 4x6 photo, and a 2 page summary printout with a description of the chakra colors.

**Fri Jun 3, 1:00 - 5:00 PM, \$45 for 30 minutes; also available \$10 upgrade to record session on CD. Appointment and prepayment required.**

### AURAS & CHAKRAS - Con'd.

#### Todo Acerca de sus Chakras!! (en Español)

**Beatriz Cymberknopf**

Todo acerca de sus chakras! Ésta clase le presentará las siete chakras principales y las vibraciones de color asociadas con cada uno de éstos centros energéticos. Aprenderá cómo sus chakras como vórtices de energía, son un mapa que hay que aprender a leer en relación a su mundo interior. Ésta clase le enseñará como trabajar su energía a diferentes niveles para lograr el equilibrio interno. Además aprenderá cuáles son las funciones de los siete vortices giratorios de energía llamados Chakras ; y conocer aspectos de equilibrio y desequilibrio de cada Chakra; y cómo trabajar con ellas para reparar el flujo de energía. Hablaremos sobre la práctica de meditación como una poderosa herramienta de sanación. Concluiremos con un ejercicio de meditación para trabajar el flujo de energía, activar y alinear sus chakras.



**Mon Jun 20, 7:30 - 9:30 PM, \$20.**

### CHANNELING

#### Channeling the Ones Who Watch Over

**Melissa Applegate**

Receive answers to your personal questions regarding your love life, work, spirit guides, past lives, social, political, universal, metaphysical and spiritual interests from "The Ones Who Watch Over," a collective essence of light beings who have channeled through Melissa publicly and privately for over 20 years, delighting and enlightening audiences with their insight, wisdom and humor.



**Thurs May 5 & 19, Thurs June 2, 16 & 30, 7:30 - 9:30 PM, \$20 per event.**

#### It's All About You: Channeling, Mini-Readings, Astrology Trends & Predictions

**Carole Lynn Grant**



Acclaimed and verified intuitive channeler and astrologer, Carole Lynn Grant, will conduct an evening that is all about your questions and answers. Step into a supernatural world where you can take a peek into your future. Have your questions ready, bring a friend and be prepared to have some fun.

**Wed, June 22, 7:30-9:30 PM \$20.**

## Calendar of Events for May - June 2011

### CHILDREN & TEEN ACTIVITIES



#### Angel Messenger Practitioner Pre-Certification Program for Teens

(Ages 10 - 16) ®

**Margaret Ann Lembo, AMP®**

See event description under **ANGELS, SAINTS, MASTERS & SPIRIT GUIDES.**  
Sat, May 7, 1:00 - 4:00 PM, \$44.00.

### DRUMMING

#### Healing Drumming Meditation Workshop

**Russell Buddy Helm**

See event description under **SPECIAL EVENTS.**

Mon, May 9, 7:30 - 9:30 PM, \$25.



#### Helm Tone Healing Drum Protocol Session

**Russell Buddy Helm**

See event description under **SPECIAL EVENTS.**

Tues, May 10, 1-hour sessions 1:30 - 4:30 PM, \$60 per hour, appointment and prepayment required. Call (561) 369-2836 to schedule an appointment.

### PERSONAL ALIGNMENT

#### Aprenda a De-tensionarse, Relajarse, y Disfrutar

**Beatriz Cymberknopf**

Aprender a relajarse es fundamental si queremos sanar nuestro ser. Esta clase de dos horas le enseñará herramientas y destrezas específicas de relajación para poder orientar y enfocar nuestra mente hacia un proceso de sanación; mientras se conecta con su "Yo" Superior. Cada participante adquirirá la habilidad de reducir sus niveles de estrés o tensión, y sentir una sensación de paz y bienestar usando éste método.



**Thurs, June 9 7:30 - 9:30 PM, \$20.**

#### Salude a su Consejero Interno

**Beatriz Cymberknopf**

Cualquiera sean las dificultades que enfrenta, sepa que tiene a su disposición un sistema poderoso interno que constantemente le guía y le asiste paso a paso a lo largo de su vida. Este taller le enseñará como alcanzar niveles más ampliados de consciencia que le permitan tomar las decisiones más sabias a su alcance. Se le otorgará un mínimo de tres oportunidades para conectarse con su guía interior para que éste le ayude a entender más sobre la naturaleza de su malestar o conflicto, el papel que pueda estar desempeñando en él, y el papel que pudiese positivamente desempeñar en el reajuste de su realidad. Deje que su consejero interno actúe como fuente de ayuda y de apoyo en cualquier área de su vida que desee mejorar.

**Sat, May 14, 2:30 - 5:30 PM, \$58 prepagado.**

### PERSONAL ALIGNMENT - Con'd.

#### Energy Paradigm

**Carol Lynn Grant**

Energy is shifting rapidly in 2011; environmental conditions have thrown the earth slightly off it's previous axis, hence the "new astrology". This class will teach you how to recognize and balance your own energy and how to position yourself to receive all your good. It will also teach you how to recognize the energy that is being projected toward you (via thought form) by others. This is your year to achieve. Come and learn how to feel comfortable in your body, mind and spirit and how to become an adventurer in a brave new frontier.



**Thurs, May 26, 7:30 - 9:30 PM, \$20.**

### PSYCHIC & SPIRITUAL DEVELOPMENT

#### Salude a su Consejero Interno

**Beatriz Cymberknopf**

See event description under **PERSONAL ALIGNMENT.**  
Sat, May 14 2:30 - 5:30 PM, \$58 prepagado.

#### Aprenda a De-tensionarse, Relajarse, y Disfrutar

**Beatriz Cymberknopf**

See event description under **PERSONAL ALIGNMENT.**  
Thurs, June 9, 7:30 - 9:30 PM, \$20.

#### Intuitive Mini-Readings

**Melissa Applegate**

Bring your unanswered questions on topics including relationships, family, career, past lives, spirit guides, and other concerns and curiosities to this group class. Using the intuitive skills of clairvoyance, clairsentience, and clair-audience, as well as the *Voyager Tarot* cards, Melissa will offer each participant an opportunity to receive a mini-reading in response to a specific question. The basic principles of working with one's own intuitive process and understanding the symbolic imagery of tarot cards will also be shared so that everyone in the group may benefit by the readings of other group participants, making this a fun, informative, and interactive experience!



**Tues, June 2, 7:30 - 9:30 PM, \$20.**

**DID YOU KNOW ? WE OFFER LAY AWAY FOR EVENTS! WE OFFER THE OPTION TO SET UP A LAY AWAY FOR ANY OF THE MORE EXPENSIVE EVENTS. PAY A LITTLE EACH WEEK AND JUST BE SURE TO PAY IT OFF BY THE TIME THE EVENT OCCURS.**

ALL CLASSES REQUIRE PRE-REGISTRATION. CALL 561-369-2836 TO ATTEND AN EVENT.

# Calendar of Events for May - June 2011

## REIKI

### Community Gatherings Reiki Circle Rev. Pam Elliott and Rev. Fern Pearl

In the spirit of healing and love, please join us in creating this traditional Reiki circle.

**Sun May 1, 15 & 29 and Sun Jun 12 & 26,**  
**11:15 AM \$5 Love offering/donation per event.**



### Community Gatherings Reiki Circle Tecia Linville and Rev. Fern Pearl

In the spirit of healing and love, please join us in creating this traditional Reiki circle.

**Sun May 8 & 22 and Sun Jun 5 & 19, 11:15 AM**  
**\$5 Love offering/donation per event.**



### Reiki 1 - Traditional Usui Reiki

#### Rev. Pam Elliott

Reiki is an ancient method for connecting Universal Life Energy (Chi, Prana) with the body's innate power of healing. It assists the body's balancing on the physical, mental, and emotional levels and always promotes the highest healing good for all living things. Come receive your Reiki 1 attunement, learn the history of Reiki along with specific hand positions for giving Reiki to yourself and others. You will receive a manual and a certificate. Pam is a Reiki Master and has been working with Reiki energy for over 17 years. She facilitates The



Crystal Garden Community Gathering Reiki Circles on alternate Sundays. It is her joy to share this class with you!

**Sun, May 15, 1:00 – 3:00 PM**

**\$170.00, prepayment required, maximum 4.**

### Reiki 2 - Traditional Usui Reiki

#### Rev. Pam Elliott

The second level of Reiki will broaden your use of Universal Life Energy. Come receive your Reiki 2 attunement, review the Reiki 1 hand positions, learn the Reiki symbols and how to use them along with the Three Pillars of Reiki from Dr. Usui's handbook. You will receive a manual and a certificate. Pam is a Reiki Master and has been working with Reiki energy for over 17 years. She facilitates The Crystal Garden Community Gathering Reiki Circles on alternate Sundays. It is her joy to share this class with you!



**Sun, June 12, 1:00 – 3:00 PM**

**\$170.00, prepayment required, maximum 4.**

## REIKI - Con'd.

### Reiki 1 (en Español)

#### Beatriz Cymberknopf

Este taller trata del antiguo arte curativo de Reiki 1 incorporando cuerpo, mente y espíritu. Aprenderá como comenzó Reiki, cómo utilizar el método del primer grado para la autocuración y la sanación de otras personas y de grupos. También recibirá los cuatros alineamientos de Reiki 1, por siempre uniéndolo/a a la fuerza vital universal de la energía Reiki, tal y como se enseña en el método Usui. Recibirá la certificación correspondiente de Reiki 1; permitiéndole continuar con estos estudios si así lo desea. Favor de inscribirse a tiempo. El espacio es limitado. Esta clase no requiere de conocimientos previos.



**Sat June 11, 1:30- 5:30 PM , \$165 – Prepago.**

## TAI CHI

### Tai Chi-Chi Kung: Beginners & New Students

#### Sifu (Teacher) Gary Tong, Certified Instructor

Learn natural ways to improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.

- **Tues May 3, 10, 17, 24 & 31, \$60 prepaid for the 5 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.**
- **Tues, June 7, 14, 21 & 28, \$50 prepaid for the 4 weeks series or \$15 each class, maximum 10, 6:00 - 7:00 PM.**

### Tai Chi-Chi Kung: Intermediate/For Those Who Have Learned the Circle Form

#### Sifu (Teacher) Gary Tong, Certified Instructor

Learn natural ways to improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.

- **Thurs May 5, 12, 19 & 26, \$50 prepaid for the 4 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.**
- **Thurs June 2, 9, 16, 23 & 30, \$60 6:00 - prepaid for the 5 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.**



**POLICY:** Call if you are coming to a class by 5:00 p.m. at 561-369-2836. Minimum 4 required. The option to prepay for a class in order to receive a discounted fee is specific to the given month in which you are committing for a specific series of classes. Credits may not forward to another month due to non-attendance. Prepayment of an event is not refundable. Prepayment for events is not refundable when the practitioner is traveling from another state to teach. Travel arrangements are made based on sign-ups for their events.

ALL CLASSES REQUIRE PRE-REGISTRATION. CALL 561-369-2836 TO ATTEND AN EVENT.

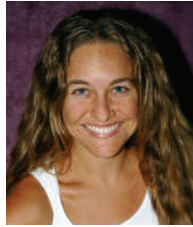
## Calendar of Events for May - June 2011

### YOGA

#### Yoga Foundations for All Bodies

##### Carlee Kalyani

Do you experience challenges in your body? Does your back feel tight? Do you struggle with illness? Everyone's body is unique. In this series you will experience Anusara-inspired hatha yoga sessions that bring more space into your body and allow you to experience your full potential. Proper alignment allows the body to integrate by providing stability in the joints, freedom of movement, and increased flexibility. This practice focuses on toning muscle groups and safely stretching connective tissues, allowing you to enjoy the benefits of increased energy, health, and overall well-being. By getting in tune with your body, you will experience benefits ranging from increased concentration and relaxation to better golf and tennis. Do the things you never thought possible and go beyond self-imposed limitations. You will be amazed at the results!



**Tues May 3, 10, 17 & 24, 12:00 - 1:00 PM, \$10 per class.**

#### Hatha Yoga

##### Giselle Denisse

Dedicate an hour to yourself to experience a complete body and mind connection through a graceful flow of yoga. Practice focusing by synchronizing each breath with a pose and ultimately aligning your mind with spirit through *savasana* (final relaxation). Find your flexibility while purifying your body of toxins and observe how your body awakens. This class is open to all fitness levels. Please bring your own mat or purchase one at *The Crystal Garden*.



- **Wed, May 4, 11, 18 & 25, 6:00 – 7:00 PM, \$40 prepaid for the 4 week series or \$12 each class.**
- **Thurs May 5, 12, 19 & 26, 11:15 AM – 12:15 PM, \$40 prepaid for the 4 week series or \$12 each class.**
- **Wed June 1, 8, 15, 22 & 29, 6:00 – 7:00 PM, \$50 prepaid for the 5 week series or \$12 each class.**
- **Thurs June 2, 9, 16, 23 & 30, 11:15 AM – 12:15 PM, \$50 prepaid for the 5 week series or \$12 each class.**

#### Beginner's Eclectic Yoga

##### Clay Goldstein

Join us for a graceful blend of yoga postures emphasizing breathing with synchronized movement and alignment, while building strength, flexibility, and balance, combined with meditation for relaxation and clarity. Perfect for those new to yoga and for ongoing students. Bring a yoga mat or purchase one at *The Crystal Garden*.



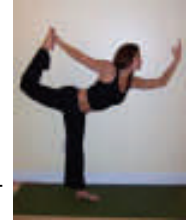
- **Mon, May 2, 9, 16 & 23, \$50 prepaid for the 4 week series or \$15 each class, maximum 8, 11:15 AM - 12:15 PM.**
- **Mon June 6, 13, 20 & 27, \$50 prepaid for the 4 week series or \$15 each class, maximum 8, 11:15 AM - 12:15 PM.**

### YOGA

#### Hatha Yoga Flow

##### Caroline Elizabeth

This hatha yoga flow class has many physical and mental benefits, as it improves flexibility, strengthens, tones, and builds muscles, corrects posture, strengthens the spine, creates balance and grace, and encourages weight loss. Mental benefits include increased body awareness, relief of chronic stress patterns in the body, refreshes the body by relieving muscle strain, relaxes the mind and body, centers attention, sharpens concentration and frees the spirit. For beginners to advanced. Yoga is grace, honor your body and mind! Please bring your own mat or purchase one at *The Crystal Garden*.



**Fri May 6, 13, 20 & 27 and Fri, June 3, 10, 17 & 24, 4:00 – 5:00 PM, \$15 each class, minimum 2 prepaid students each class.**

### SPECIAL EVENTS

#### Healing Drumming Meditation Workshop

##### Russell Buddy Helm

A drumming meditation workshop using the Seven Essential Grooves to create healing, manifesting positive change. Giving participants tools for creating abundance, healing and power in their own lives, using ecstatic trance dance grooves with long laid back rhythms that are familiar yet ancient pathways to enlightenment and inspiration creating joyous, non-aggressive grooves, inclusive of women and men. *Russell Buddy Helm is a world class drummer, teacher, author and healing drum practitioner having performed with many legendary musicians from Frank Zappa to the Allman Brothers, Tim Buckley, Baba Olatunji, Chuck Berry, Bo Diddley, and many others. His books "Drumming the Spirit to Life" and "Way of the Drum" are important books in the evolution of drumming as a healing, meditation and joyous community experience. His 2 hour workshops cover a variety of different grooves that are accessible, easy, non-aggressive, deeply entrancing and healing as well as danceable and fun. His stories- explained while drumming- show the History of the Grooves and how to use them to manifest miracles in our lives.*



**Mon, May 9, 7:30 - 9:30 PM, \$25.**

#### Helm Tone Healing Drum Protocol Session

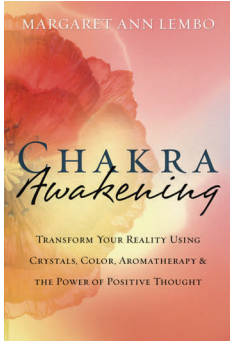
##### Russell Buddy Helm

Rhythmically reprogram beliefs, heal and release trauma history, clear intentions, increase self esteem, manage anger, heal specific illnesses, manifest specific personal agendas.

**Tues, May 10, 1-hour sessions 1:30 - 4:30 PM, \$60 per hour, appointment and prepayment required. Call (561) 369-2836 to schedule an appointment.**

COMING THIS FALL!

**Chakra Awakening Level 1**  
(f/k/a Crystal Healer Certification Level 1)  
Margaret Ann Lembo



Bring balance, prosperity, joy, and overall wellness to your life. Use gemstones and crystals to tap into the amazing energy within you. This in-depth and practical workshop gives you the tools to understand, activate and balance the seven main chakras that influence everything from prosperity and self-confidence to communication and intuition. Experience simple techniques with gems, crystals, affirmations and aromatherapy to manifest any goal and create positive change in your physical, emotional, and

spiritual well-being. You will also learn some stone identification, how to incorporate gemstones into your daily life, and exercises for clearing negative energy, dispelling outdated belief systems, and identifying areas in your life that may be out of balance. This workshop replaces *Crystal Healer Certification Level 1*. There is no certificate with this revised and renamed workshop.

**Sat Sept 10, 10AM - 5PM (lunch break 1 1/2 hours), \$111.00, prepayment required, maximum 28 participants. Lay away payment plan available. This event will be offered next on January 21, 2012.**

EXPERIENCE THE FULL LINE OF AROMATIC MISTS



ARCHANGEL RAPHAEL, AUNTIE M'S ANTI DISINFECTING SPRAY, BLISS MIST, EUPHORIA RELAXING SPRAY, GUARDIAN ANGEL SPRAY, LAVENDER MIST, ORANGE BLOSSOM MIST, SPA MIST | AND BEST-SELLING SMUDGE IN SPRAY

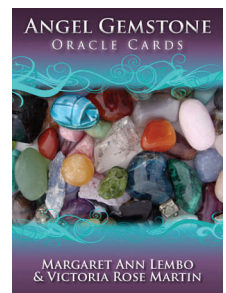
COMING THIS FALL!

**Angel Messenger Practitioner Program®**  
Margaret Ann Lembo, AMP®



In this program, you will learn and practice different tools for receiving guidance from angels, guides, ascended masters and loved ones on the other side. Through knowledge, practice and development of self-trust, everyone will be giving messages using Divine Guidance throughout the program using clairaudience, clairvoyance, clair-sentience and claircognizance as well as potentially clairolfaction and clairgustation.

- Learn how to give accurate and healing angel readings, primarily using *Angel Oracle Cards*. Use these divination tools to help you connect and communicate with your guides and angels and the guides and angels of the person who has come to you for information, clarity, confirmation and assistance.
- Understand and integrate ethical and confidentiality issues in spiritual counseling.
- Learn how to read crystals and gemstones using *The Gemstone Oracle* technique, developed by Margaret Ann Lembo, ATP®, AMP®.



Required Reading: *The Light Shall Set You Free* by Norma Milanovich and Shirley McCune, *Messengers of Love, Light and Grace* by Terry Lynn Taylor and *Messages from Your Angels* by Doreen Virtue. You will need one Angel Deck to use for practice readings. Books do *not* have to be read prior to attendance, just prior to final certification.

**Fri, Sat, Sun, Sept 30, Oct 1 & 2. Friday 6:30 - 10:00 PM, Saturday 10:00 AM - 5:30 PM (1 1/2 hours for lunch), Sunday 10:00 AM - 2:00 PM (snack break; no lunch), \$333 prepaid, maximum 26 people. Lay away payment plans are available. Start planning now! This event will be offered next on March 2, 3 & 4, 2012.**

**Radio Show Chakra Awakening on**  
**The Art of Living Well Radio Network**  
Margaret Ann Lembo



Start your day in a positive way every Friday at 9:00 AM ET with your host, Margaret Ann Lembo, owner of *The Crystal Garden* and author of *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought*.

It's easy - just click on [www.blogtalkradio.com/artoflivingwell](http://www.blogtalkradio.com/artoflivingwell) to listen. Listen live and call in to get a message from the angels or the Gemstone Oracle. Guest speakers will include astrologers, channels, authors, artists, musicians, rock hounds and visionary leaders. Tune in!

**Every Friday at 9 AM Eastern Time; 6 AM Pacific Time.**