



THE CRYSTAL GARDEN

Books, Gifts & Spiritual Center

Since 1988

January - February 2011



THINK GOOD THOUGHTS!

It's easy to create a happy life. It's simple to have financial success. And, you can have loving supportive friends and family, too!

Decide what you want. Stop thinking about what you don't want. Let go of the past! It's over and done with and there isn't anything you can do to change the past. The more you think about it the more you attract those negative patterns or situations into your life. So start where you are and make the life you want.

It is very simple. What ever you think about and focus on is attracted to you. In order to do anything, you have to think about doing it first. If you want a glass of water, you have to think about getting the glass of water. You think of it in such great detail, though it is relatively unconscious, that you actually visualize or imagine yourself getting up, going to get the water and you imagine drinking it.

This very simple process is exactly how all your life is created. You create everything that is and everything that happens to you on some level.

Be mindful of your thoughts. Become aware of your beliefs and attitude toward life. Do you wake up happy and think positively about how your day will go? Do you look at yourself in the mirror and think about how wonderful you are? Or do you wake up expecting the worst while thinking poorly of yourself?

If you are going down the negative thought pattern road, then know that is exactly what you will get. Make a clear decision now in the beginning of this New Year of 2011 to change your consciousness. Decide to become aware of what you are thinking and then re-align your thoughts to ones of happiness, love, joy, financial security, good luck, fun, good health, vital energy and loving friends and family.

Please, let us all take the time now to STOP and contemplate and feel gratitude for the many blessings in our lives. May 2011 be joyful and may the New Year bring you Health, Wealth, Love, Peace, Joy and Compassion!

*Love,
Margaret Ann Lembo*

Our Hours:	Sunday	11 am – 3 pm
	Mon – Thurs	11 am – 8 pm
	Fri & Sat	11 am – 6 pm

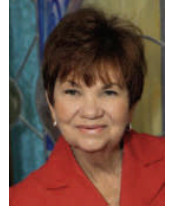
ANGELS, SAINTS, MASTERS & SPIRIT GUIDES

Prophecy and Spirit Guides

Carole Lynn Grant

Learn how to receive and channel intuitive information from the spirit world. Also, learn how to get in touch with your guides and teachers, as well as recognize Universal Feedback messages. Students at all levels can enjoy this class.

Tues Jan 11, 7:30 – 9:30 PM, \$20.



Hablando con los Angeles!! (en Español)

Beatriz Cymberknopf



Esta clase ampliará su base de conocimiento y profundizará su entendimiento hacia el reino angelical. El discurso le ayudará a decidirse y a saber cómo emprender comunicaciones o continuar su trabajo con el reino angelical de forma regular. Aprenderá los atributos de ángeles, directrices de alineación, el saber cómo pedir ayuda, y escuchar dichos mensajes, etc. Practicaremos una visualización de alineamiento para

saber cómo integrar éste conocimiento.

Wed Jan 12, 7:30 – 9:30 PM, \$20.

Don't Micromanage Your Life ~ How Your Spiritual Managers Can Handle the Minutiae So You Can Focus on the Big Stuff!!

Rev. Michele McGrew

Imagine that you're the CEO of a large corporation ~ *Your Life Management Corp.* You have multiple departments to oversee and the level of detail can seem overwhelming. Fortunately, you don't have to do it alone. You have a vast array of spiritual managers to help things run smoothly. Discover how working with these guides can ease your feelings of "overload" as you learn to take control of your life without having to control every detail!! In this workshop you'll identify the areas in your life that you're micromanaging; learn to make intuitive decisions with faith and not fear; free up your spiritual and emotional energy to focus on the BIG stuff.

Wed Feb 23, 7:30 – 9:30 PM, \$20.



Sign Up for Spirit & ~ The Classroom of Life and Learn Everything They Forgot to Teach you in School

Rev. Michele McGrew

See event description under **PERSONAL ALIGNMENT.**

Wed Jan 26, 7:30 – 9:30 PM, \$20.

Calendar of Events for January - February 2011

AROMATHERAPY

Aromatherapy Basics

Margaret Ann Lembo



This class will cover the basics about the essential oils and how to use them in day-to-day life for building the immune system, mental clarity, memory, colds, coughs, PMS, menopause, shingles, athletes foot and many more. Learn which oils to use to spiritually clear your space, provide protection, bring romance or to wash your floors

and counters. This is a fun informative event with information that you will use for a lifetime!

Mon Feb 28, 7:30 – 9:30 PM, \$18.

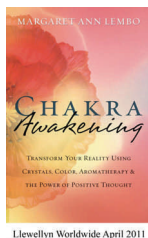
AURAS & CHAKRAS

Introduction to Chakra Awakening

Margaret Ann Lembo

Bring balance, prosperity, joy, and overall wellness to your life. Use gemstones and crystals to tap into the amazing energy within you. This event gives you an overview of the seven main chakras that influence everything from prosperity and self-confidence to communication and intuition. Experience simple techniques with gems, crystals, affirmations and aromatherapy to manifest any goal and create positive change in your physical, emotional, and spiritual well-being. Margaret Ann is the author of *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought* (Llewellyn Worldwide, to be released April 8, 2011).

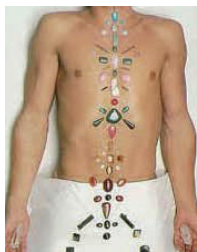
Mon Jan 10, 7:30 - 9:30 PM, \$18.



Chakra Awakening Level 1

Margaret Ann Lembo

Bring balance, prosperity, joy, and overall wellness to your life. Use gemstones and crystals to tap into the amazing energy within you. This in-depth and practical workshop gives you the tools to understand, activate and balance the seven main chakras that influence everything from prosperity and self-confidence to communication and intuition. Experience simple techniques with gems, crystals, affirmations and aromatherapy to manifest any goal and create positive change in your physical, emotional, and spiritual well-being. You will also learn some stone identification, how to incorporate gemstones into your



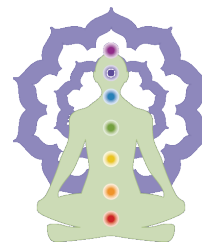
daily life, and exercises for clearing negative energy, dispelling outdated belief systems, and identifying areas in your life that may be out of balance. This workshop replaces *Crystal Healer Certification Level 1*. There is no certificate with this revised and renamed workshop. **Sat Jan 29, 10AM - 5PM (lunch break 1 1/2 hours), \$111.00, prepayment required, maximum 28 participants.**

AURAS & CHAKRAS - Con'd.

Chakra Awakening Level 2

Margaret Ann Lembo

Level 2 is designed to apply the teachings of *Chakra Awakening* for balancing the mental, emotional and spiritual bodies through crystal alignments or the laying on of stones. Gain deeper knowledge of various gemstones and crystals. This is an experiential workshop with meditations, 3rd eye development, activation of healing energies within you, development of connection with your Master Healing Guide and remembrance of the crystal healing work from other lifetimes. You will experience exercises to develop intuition, intuitively read the body, practice laying crystals and gemstones with a fellow participant. You will receive a certificate as a Chakra Awakening Practitioner. *Note to those certified in Crystal Healer Level 1:* This workshop is the revised and renamed for the workshop previously known as *Crystal Healer Certification Level 2*.



Fri Feb 18 and Sat Feb 19, Fri 6:30 - 9:30 PM and Sat 10:00 AM - 5:00 PM, \$188, prepayment required, maximum 10 participants.

Digital Aura Photophography

Suzanne Baden

See your aura live on a computer screen and watch your colors shift as you hold a crystal or change your thoughts and emotions. Exciting new 4x6 digital aura photos are more vivid and detailed than older Polaroid photos. You will receive a two page summary printout of your aura color descriptions. The aura photographer will interpret your photo with a 5 minute mini reading.



Sat Jan 29 and Sat Feb 26, 11:30 AM - 5:00 PM, first come/first served, no appointment necessary, \$25 per photo, \$5 add on for electronic copy sent to customer's email.

Radio Show Chakra Awakening

Margaret Ann Lembo

Start your day in a positive way every Friday from 9:00 – 10:00 AM with your host, Margaret Ann Lembo, owner of *The Crystal Garden* and author of *Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy and the Power of Positive Thought*. It's easy - just click on



www.blogtalkradio.com/artoflivingwell to listen. Listen live and call in to get a message from the angels or the Gemstone Oracle. Guest speakers will include astrologers, channels, authors, artists, musicians, rock

hounds and visionary leaders. Tune in!

Every Friday from 9:00 - 10:00 AM

Calendar of Events for January - February 2011

AURAS & CHAKRAS - Con'd.

Todo Acerca de sus Chakras!! (en Español)

Beatriz Cymberknopf



Todo acerca de sus chakras! Ésta clase le presentará las siete chakras principales y las vibraciones de color asociadas con cada uno de éstos centros energéticos. Aprenderá cómo sus chakras como vórtices de energía, son un mapa que hay que aprender a leer en relación a su mundo interior. Ésta clase le enseñará como trabajar su energía a diferentes niveles para lograr el equilibrio interno. Además aprenderá cuáles son las funciones de los siete vórtices giratorios de energía llamados Chakras ; y conocer aspectos de equilibrio y desequilibrio de cada Chakra; y cómo trabajar con ellas para reparar el flujo de energía. Hablarémos sobre la práctica de meditación como una poderosa herramienta de sanación. Concluiremos con un ejercicio de meditación para trabajar el flujo de energía, activar y alinear sus chakras.

Mon Feb 28, 7:30 - 9:30 PM, \$20.

CEREMONIAL SPIRITUAL TEACHINGS

Full Moon Drumming Circle

Margaret Ann "Seven Feathers" Lembo

See event description under **DRUMMING**.

Wed Jan 19, 7:30 – 10:00 PM, \$22 (children under 16 are free), maximum 30 people.

Balsamic Moon Drumming Circle and Shamanic Journey

Margaret Ann "Seven Feathers" Lembo

See event description under **DRUMMING**.

Wed Feb 16, 7:30 – 10:00 PM, \$22 (children under 16 are free), maximum 30 people.

CHANNELING

Channeling the Ones Who Watch Over

Melissa Applegate



Receive answers to your personal questions regarding your love life, work, spirit guides, past lives, social, political, universal, metaphysical and spiritual interests from "The Ones Who Watch Over," a collective essence of light beings who have channeled through Melissa publicly and privately for over 20 years, delighting and enlightening audiences with their insight, wisdom and humor.

Thurs Jan 13 and 27, Thurs Feb 10 & 24, 7:30 - 9:30 PM, \$20 per event.

CHILDREN & TEEN ACTIVITIES

Rocks in my Pockets, Good Thoughts in my Heart (Crystals for Kids ages 9 - 12)

Margaret Ann Lembo

Come play with pretty colored rocks and learn how to use them to make your life better and how to use them for studying, dealing with friends, self-esteem, sports, sadness, fears, feeling scared and much more! Increase your self-esteem & happiness with these good thoughts. Imagine the pretty rock in your pocket & repeat a positive thought over & over. *Children only*. Parents can enjoy the store while they wait.

Sun Jan 16, 1:00 - 2:00 PM, \$5.



CRYSTALS, GEMSTONES, & CRYSTAL BOWLS

New Moon Crystal Singing Bowl Experience for the Intentional Creation of Reality

Margaret Ann Lembo

Come change your consciousness. Enable yourself to deliberately create your reality by shifting your vibrational field. Your thoughts create your reality. Change your mind and change your life. Understand the principles of vibration matching and the laws of attraction. Reaffirm your goals. You will each put your order into the Universe by stating your "list" out loud. You have the opportunity to manifest what you wish with the help of the group energy. Margaret will lead a meditation while playing the singing crystal bowls to balance and align your chakras first and then guides you to manifest your heart's desires.

Tues Jan 4, 7:30 – 10:00 PM, \$22.



Crystal Singing Bowl Meditation: Manifesting with Word, Sound, and Intention

Margaret Ann Lembo

Focus and imagine your life as you wish it to be. Reaffirm your goals. We will each put our order into the Universe by stating our "list" out loud. You have the opportunity to manifest what you wish with the help of the group energy. Margaret will lead a meditation while playing the singing crystal bowls to balance and align your chakras first and then guides you to manifest your heart's desires.

Fri Feb 4, 6:00 – 8:00 PM, \$22.



POLICY: Call if you are coming to a class by 5:00 p.m. at 561-369-2836. Minimum 4 required. The option to prepay for a class in order to receive a discounted fee is specific to the given month in which you are committing for a specific series of classes. Credits may not forward to another month due to non-attendance. Prepayment of an event is not refundable. Prepayment for events is not refundable when the practitioner is traveling from another state to teach. Travel arrangements are made based on sign-ups for their events.

All classes require pre-registration. Call 561-369-2836 to attend an event.

Calendar of Events for January - February 2011

CRYSTALS, GEMSTONES, & CRYSTAL BOWLS - Con'd.

The Gemstone Oracle: Reading with Crystals and Gemstones

Margaret Ann Lembo

Learn a technique to do a reading for yourself or others using the colored gemstones as a tool. Come get a reading based on which gemstones you are attracted to. This is a fun class and an easy technique to learn.

Mon Jan 31, 7:30 – 9:30 PM, \$20, maximum 15 participants.



Crystal Clear Intentions: Gemstones and Positive Affirmations

Margaret Ann Lembo

What do you want? Come change your consciousness and deliberately create your reality. Learn to use specific crystals,



stones and rocks with affirmations to change your life. Shift your vibrational field and uncover what thoughts and beliefs are programs running in your subconscious *and then change them!* Your thoughts create your reality. Change your mind and change your life.

Understand the principles of vibration matching and the laws of attraction. Reaffirm your goals. You will each put your order into the Universe by stating your "list" out loud. You have the opportunity to manifest what you wish with the help of the group energy.

Sat Feb 12, 1:00 – 4:00 PM, \$33.

Introduction to Chakra Awakening

Margaret Ann Lembo

See event description under **AURAS & CHAKRAS.**

Mon Jan 10, 7:30 - 9:30 PM, \$18.

Chakra Awakening Level 1

Margaret Ann Lembo

See event description under **AURAS & CHAKRAS.**

Sat Jan 29, 10AM - 5PM (lunch break 1 1/2 hours), \$111.00, prepayment required, maximum 28 participants.

Chakra Awakening Level 2

Margaret Ann Lembo

See event description under **AURAS & CHAKRAS.**

Fri Feb 18 and Sat Feb 19, Fri 6:30 - 9:30 PM and Sat 10:00 AM - 5:00 PM, \$188, prepayment required, maximum 10 participants.

DRUMMING

Full Moon Drumming Circle and Shamanic Journey **Margaret Ann "Seven Feathers" Lembo**

On this auspicious day of brilliant light energy, establish your intentions for the next 28.5 days of your life!

Margaret "Seven Feathers" will call in the 7 directions using *Smudge in Spray*, a liquid alternative to smoking smudge. The first round of drumming will be dedicated to clearing away the old. The second round of drumming will call forth and invoke the new as you focus on and imagine your life as you want it to be. During the third round, Margaret will drum you through a shamanic journey into yourself with your power animal to help you find the answers and guidance to step forth empowered and confident. Bring your drum or rattles if you have them (although you don't need a drum to attend). You also will have an opportunity to drum on the big Pow Wow drum during this experiential workshop. **Special Note:** It is important to realize that this is a Sacred Circle event. This event often goes beyond 10 pm. Be prepared to stay for the full ceremony.



Wed Jan 19, 7:30 – 10:00 PM, \$22 (children under 16 are free), maximum 30 people.

Balsamic Moon Drumming Circle and Shamanic Journey

Margaret Ann "Seven Feathers" Lembo

The balsamic phase of the moon occurs the last few days before the full moon. It is the culmination of the total moon cycle before



the next cycle begins. This phase of the moon beckons us to turn our attention inward, to the deepest parts of ourselves. It is the time to connect with spirit and the divine energy that lies within. Margaret will call in the 7 directions using *Smudge in Spray*, a liquid alternative to smoking smudge. The first round of drumming will

be dedicated to clearing away the old. The second round of drumming will call forth and invoke the new as you focus on and imagine your life as you want it to be. During the third round, Margaret will drum you through a shamanic journey into yourself with your power animal to help you find the answers and guidance to step forth empowered and confident. Bring your drum or rattles if you have them (although you don't need a drum to attend). You also will have an opportunity to drum on the big Pow Wow drum during this experiential workshop. **Special Note:** It is important to realize that this is a sacred circle event. This event often goes beyond 10 pm. Be prepared to stay for the full ceremony.

Wed Feb 16, 7:30 – 10:00 PM, \$22 (children under 16 are free), maximum 30 people.

Calendar of Events for January - February 2011

FENG SHUI

Feng Shui for a Happy Love Life

Melissa Applegate



As St. Valentine's Day approaches, it's an ideal time to evaluate our home from a feng shui perspective to ensure that all of the elements are in balance to support loving relationship. Is there a clear path of "chi" (vital energy or life force) into the house to allow love to enter our lives? Do we have spacious room for love or are all of the drawers and closets filled

to capacity? Is excessive water energy putting out the flames of passion? Learn simple feng shui tips to attract new love or nourish and strengthen your existing relationship. Bring a copy of your floor plan to class. **Wed Feb 9, 7:30 – 9:30 p.m., \$18 (prepayment required) plus 2 red envelopes.**

MANIFESTATION

Introduction to Manifest the Life of Your Dreams

Dr. Garland Landrith

See event description under **SPECIAL EVENTS**.

Thurs Jan 6, 7:30 - 8:30 PM, \$10.

Manifest the Life of Your Dreams

Dr. Garland Landrith

See event description under **SPECIAL EVENTS**.

Sat Jan 8, 11:30 AM – 5:30 PM, \$58 prepayment required.

Private Sessions

Dr. Garland Landrith

See event description under **SPECIAL EVENTS**.

Fri, Jan 7 and Tues Jan 11, 11:00 a.m. - 5:00 p.m. both days, \$60 per hour prepaid, appointment required.

What is Money? Abundance or Green Pieces of Paper?

Sid Kemp

See event description under **SPECIAL EVENTS**.

Thurs Jan 20, 7:30 - 9:30 PM, \$18.

Private Sessions Abundant Transformation Coaching

Sid Kemp

See event description under **SPECIAL EVENTS**.

Each Monday 2:30 - 3:30 PM 1/24 - 3/28.

Each Wednesday 4:00 - 5:00 PM 1/26 - 3/30.

\$120.00 per hour; no refunds (Must be prepaid by 5:00 PM on the Friday prior to the appointment). Appointment required.

Create Prosperity from Within

Sid Kemp

See event description under **SPECIAL EVENTS**.

Thurs Feb 17, 7:30 - 9:30 PM, \$18.

MANIFESTATION - Con'd.

Manifesting with the Elemental Fairies

Rev. Linda J. Kanin

In this class we'll work with elemental fairies to assist us in manifestation. We'll use the tools of the elements – air, earth, water, and fire – as well as candles, prayer, invocations, visualization, all with proper intention and harmlessness.

Tues Jan 25, 7:30 – 9:30 PM, \$18.



Crystal Singing Bowl Meditation: Manifesting with Word, Sound, and Intention

Margaret Ann Lembo

See event description under **CRYSTALS, GEMSTONES, & CRYSTAL BOWLS**.

Fri Feb 4, 6:00 – 8:00 PM, \$22.

PAST LIVES, PARALLEL & PROBABLE REALITIES

Past Life Regression and Reincarnation

Margaret Ann Lembo

Who were you? Where did you live? Have the people in your life been with you before? Why are you coming back together with people from your past lives? Why do we reincarnate? Understanding the role of reincarnation, karma and dharma can assist us in our present incarnation. Remembering a past life can bring a greater understanding of ourselves and what we have come back to learn. Past life regression helps us remember our purpose and learn the meaning of our lives today. Come and explore your experiences from other lifetimes! This workshop includes a lecture and a past life regression experience. Wear comfortable clothing and bring a blanket. Private sessions are available.



Mon Feb 7, 7:30 - 10:00 PM, \$35, prepayment required, maximum 33 people.

PERSONAL ALIGNMENT

Perception Shifting

Rev. Linda J. Kanin

In class we will become aware of our many different perceptions. We will then learn to choose a more appropriate view and manifest a better reality. We will review visualization, affirmation and invocation techniques, and learn more about positive thinking. We will do exercises to help us perfect the control of our shifting thoughts since perception helps co-create reality.

Tues Feb 8, 7:30 – 9:30 PM, \$18.

All classes require pre-registration. Call 561-369-2836 to attend an event.

Calendar of Events for January - February 2011

PERSONAL ALIGNMENT - Con'd.

Sign Up for Spirit U ~ The Classroom of Life and Learn Everything They Forgot to Teach You in School Rev. Michele McGrew



Are you looking for a deeper understanding of your life and your purpose? Then sign up for Spirit U and connect with your master teacher guides for a new perspective on life's lessons! In this workshop you'll discover your life's purpose and passion; understand the karmic meaning behind events; gain a deeper understanding of your soul mate relationships; let go of feelings of victimization and blame; wake up your forgotten wisdom.

Wed Jan 26, 7:30 – 9:30 PM, \$20.

Valentine Making Rev. Linda J. Kanin

It takes hard work to have good relationships whether they are family oriented, romantic, professional, etc. In this class, we will familiarize ourselves with the signs to intuitively know when to hold them, fold them, or how to work them.

Tues Feb 22, 7:30 – 9:30 PM, \$18.



Introduction to A Course in Miracles Charlotte McGinnis

See event description under **SPECIAL EVENTS.**

Mon Jan 17, 7:30 - 9:30 PM, \$25.

Holy VS Special Love: Transforming Your Relationships from Fear to Love

Charlotte McGinnis

See event description under **SPECIAL EVENTS.**

Mon Feb 14, 7:30 - 9:30 PM, \$25.

PSYCHIC & SPIRITUAL DEVELOPMENT

Reading the Tarot Rev. Linda J. Kanin

This class is an overview of the original intention of the tarot cards. We will learn to read the major arcana, the most important cards, all of their meaning, symbols and numerology, as a book or journey of universal consciousness. We will then do a reading using this information with a simple layout. We will compare the major arcana to the minor cards and learn their meanings and incorporate them into readings. This class will not only provide you with important spiritual information but will become a useful and fun soothsaying tool. Further classes will be presented as requested.

Tues Jan 11, 7:30 – 9:30 PM, \$18.



PSYCHIC & SPIRITUAL DEVELOPMENT - Con'd.

How to Do Readings for Yourself and Others Carole Lynn Grant

This class teaches you different ways to do readings. You'll be able to understand what family members are going through and learn how to communicate with them in effective ways. A must for the student who wants to advance his/her metaphysical career. This is a fun class; bring a friend and enjoy.

Tues Feb 8, 7:30 – 9:30 PM, \$20.



Evening and Weekend Workshops and Private Tarot Readings

James Wanless

See event description under **SPECIAL EVENTS.**

REIKI

Community Gatherings Reiki Circle

Rev. Lesa Cicciu

In the spirit of healing, please join us in creating this traditional Reiki Circle where all are invited to receive and all Reiki practitioners are encouraged to share.

**Sun Jan 2, 16 & 30 and Sun Feb 13 & 27,
11:15 AM**

\$5 Love offering/donation per event.



Community Gatherings Reiki Circle

Rev. Lesa Cicciu and Fern Pearl

In the spirit of healing, please join us in creating this traditional Reiki Circle.

Sun Jan 9 & 23 and Sun Feb 6 & 20, 11:15 AM

\$5 Love offering/donation per event.



Reiki Level I Class & Attunement

Rev. Lesa Cicciu

Possibly the oldest form of healing, Reiki clears blockages, aligns energy, balances chakras and revitalizes you on all levels. Learn this powerful technique to channel chi/energy for yourself and others by tapping into the infinite healing life force of the Universe.

Sat Feb 5, 1:00 – 4:00 PM, \$170 prepayment required.



Reiki Level II Class & Attunement

Rev. Lesa Cicciu

Using Reiki symbols greatly magnifies the effects of this ancient healing art. Come learn how to deepen your ability to channel universal life force energy for yourself and others.

Sat Jan 8, 1:00 - 4:00 PM, \$170, prepayment required.

Calendar of Events for January - February 2011

REIKI - Con'd.

Reiki 1 (en Español)

Beatriz Cymberknopf

Este taller trata del antiguo arte curativo de Reiki 1 incorporando cuerpo, mente y espíritu. Aprenderá como comenzó Reiki, cómo utilizar el método del primer grado para la autocuración y la sanación de otras personas y de grupos. También recibirá los cuatros alineamientos de Reiki 1, por siempre uniéndolo/a a la fuerza vital universal de la energía Reiki, tal y como se enseña en el método Usui. Recibirá la certificación correspondiente de Reiki 1; permitiéndole continuar con estos estudios si así lo desea. Favor de inscribirse a tiempo. El espacio es limitado. Esta clase no requiere de conocimientos previos.

Sat Feb 12, 11:15 AM - 4:15 PM (con 1 hora para el almuerzo), \$165 – prepago.



SPECIAL EVENTS

Introduction to Manifest the Life of Your Dreams

Dr. Garland Landrith

A "sneak peek" into Dr. Landrith's upcoming manifestation class. Dr. Landrith, whose research was cited in "What the Bleep", will be teaching a manifestation class that will combine quantum field technology with tapping on acupuncture points with one's fingers. This class is unique from any other EFT/tapping class because it is oriented around using tapping for positive purposes ... including how to increase the feel good chemicals in your brain, get a job, or be in the zone. Also included will be quantum manifestation training and how to use tapping with intentions/prayer, and to reduce junk food cravings, as well as how to fall and stay asleep.

Thurs Jan 6, 7:30 - 8:30 PM, \$10.



Manifest the Life of Your Dreams

Dr. Garland Landrith

Dr. Landrith, whose research was cited in "What the Bleep", will be teaching a manifestation class that will combine quantum field technology with tapping on acupuncture points with one's fingers. This class is unique from any other EFT/tapping class because it is oriented around using tapping for positive purposes ... including how to increase the feel good chemicals in your brain, get a job, or be in the zone. Also included will be quantum manifestation training and how to use tapping with intentions/prayer, and to reduce junk food cravings, as well as how to fall and stay asleep. Price of \$58 includes Manifestation/EFT Manual, Level 1 EFT certificate, free DVD, and papers.

Sat Jan 8, 11:30 AM – 5:30 PM, \$58 prepayment required.

Dr Landrith is a cutting-edge Quantum Field Psychologist/Healer whose research was cited in "What the Bleep". In his pioneering published research studies, Dr. Landrith found that what groups of individuals think (group meditation) could actually improve the quality of life in the city they live in, by lowering crimes, auto accidents, and suicides. His research scientifically demonstrates that if we meditate or do our inner work, we can make this world a better place.

SPECIAL EVENTS

Private Sessions

Dr. Garland Landrith

Dr. Landrith (whose research was cited in "What the Bleep") specializes in removing 'blocks' using quantum field technology combined with tapping on acupuncture points including old traumas and blocks that have resisted other therapeutic work.

Fri, Jan 7 and Tues Jan 11, 11:00 a.m. - 5:00 p.m. both days, \$60 per hour prepaid, appointment required.

Introduction to A Course in Miracles

Charlotte McGinnis

This is a course in miracles. It is a required course. Only the time you take it is voluntary. Free will does not mean that you can establish the curriculum. It means only that you can elect what you want to take at a given time. The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite. Do these words entice you? Are you seeking peace and joy in your life? If so, you are invited to join me for an in depth introduction to ACIM and its powerful teachings. You will learn how to use the course's teachings to live a love centered life and be free of stress and pain. Not meant for beginners only! All are welcome, and all will benefit!

Mon Jan 17, 7:30 - 9:30 PM, \$25.

Holy VS Special Love: Transforming Your Relationships from Fear to Love

Charlotte McGinnis

The ego's perception of love and God's plan for love are not the least bit similar. Have you been seeking to find love to no avail? The Course in Miracles teachings on relationships will get your attention, and lead you to true love, not "special" love. In this seminar you will learn to love without conditions and experience the joy of holy relationships! Come with an open mind and an open heart and expect a miracle!

Mon Feb 14, 7:30 - 9:30 PM, \$25.

Charlotte McGinnis, a personal development counselor, interfaith minister and expert on holistic health and wellness, is the co-host of a weekly radio show, "The Art of Living Well Network with Charlotte and Lindsay," BlogTalk Radio. Charlotte is a success strategist whose passion and purpose is to help people solve problems, define their goals and create a plan to make it happen. Charlotte McGinnis has over 25 years experience as golf professional. Charlotte has combined her passion for golf and spiritual transformation and created Zen Golf. She is currently teaching a Course in Miracles, Zen Golf and officiates Sunday Celebration Services in Flat Rock, North Carolina and Jupiter, Florida.



POLICY: Call if you are coming to a class by 5:00 PM at 561-369-2836. Minimum 4 required. The option to prepay for a class in order to receive a discounted fee is specific to the given month in which you are committing for a specific series of classes. Credits may not forward to another month due to non-attendance. Prepayment of an event is not refundable. Prepayment for events is not refundable when the practitioner is traveling from another state to teach. Travel arrangements are made based on sign-ups for their events.

Calendar of Events for January - February 2011

SPECIAL EVENTS

What is Money? Abundance or Green Pieces of Paper?

Sid Kemp

Liberate your heart, mind, and life into abundance and material prosperity. First we release old and limiting ideas about money. Then we explore our freedom to be happy with or without money. Then we free ourselves to receive and give generously, to live abundantly in prosperity. This workshop is for everyone who wants health, freedom, abundance, prosperity a clear mind, and a generous heart. Come have fun and learn how to find and stay connected to your unique purpose, passion, and power to make your dreams real.
Thurs Jan 20, 7:30 - 9:30 PM, \$18.



Create Prosperity from Within

Sid Kemp

Create the financial life of your dreams. Your purpose – creative or service – is within. Fulfill your purpose, and the Divine takes care of you, ensuring your health, abundance, and prosperity. We can't wait for the economy to improve. It's up to us to create our own destiny! One job or many; part time or full time? Caring for children, or parents, or living with a disability? *Creating Prosperity From Within* is for you. Create your own success program to fit your needs and make your dreams real.
Thurs Feb 17, 7:30 - 9:30 PM, \$18.

Private Sessions Abundant Transformation Coaching

Sid Kemp

Work personally with Sid to define your passion and purpose; create a vision statement and have it charged with Reiki Energy into an empowering affirmation; work through specific issues and resistance; choose a life and career path to eliminate debt and achieve wealth; leave with a *daily plan* for your health, abundance, and prosperity.

Each Monday 2:30 - 3:30 PM 1/24 - 3/28.

Each Wednesday 4:00 - 5:00 PM 1/26 - 3/30.

\$120.00 per hour; no refunds (Must be prepaid by 5:00 PM on the Friday prior to the appointment). Appointment required.

2011 Year of the Emperor

James Wanless

Explore through the Voyager Tarot the Emperor archetype as a 21st century "new male" with James Wanless, creator of best selling Voyager Tarot. Experience the cards hands-on for discovering your male yang energy, your financial and workplace future, your leadership skills and the legacy you can leave for contributing to the ongoing evolution of the world. Take home your free 2011 card for the year.

Thurs Jan 20, 7:30 - 9:30 PM, \$25.00 prepayment required (or attend Thurs, Jan 20 lecture and Sat, Jan 22 morning & afternoon workshops for a total discounted price of \$85, prepayment required).



SPECIAL EVENTS

Navigating the 21st Century with Voyager Tarot

James Wanless

Learn how to apply your vision and intuition using the Voyager "Map of Life" Cards. Chart your life using the "Wheel of Fortune" reading to manifest your personal growth, finances, relationships, health, work. (This counts towards certification as a Voyager Tarot Reader).

Sat Jan 22, 11:00 AM - 1:30 PM, \$45.00 prepayment required (or attend Thurs, Jan 20 lecture and Sat, Jan 22 morning & afternoon workshops for a total discounted price of \$85, prepayment required).



Creating 2011: Forecast Your Year

James Wanless

Experience how to apply the universal principles and symbols of the Voyager Cards to manifest your vision for the year in this "fortune creation" process of being your own oracle. Learn a bit about reading the Voyager Tarot for yourself and others while you manifest your reality. You will take home your 2011 Voyager Tarot Card which will help you stay focused on your goals.

Sat Jan 22, 2:30 - 5:30 PM, \$45.00 prepayment required, (or attend Thurs, Jan 20 lecture and Sat, Jan 22 morning & afternoon workshops for a total discounted price of \$85, prepayment required).

Private Tarot Sessions

James Wanless

Experience James Wanless, Master Reader for 32 years, using either his best-selling *Voyager Tarot Deck* or his new *Sustainability Cards*. You are guaranteed to get insight and inspiration from this revolutionary "Fortune Creation" consultation. Get your direction and get your power from this savvy, fun and perceptive guide into the magic and mystery of self-navigation and self-creation.

Fri Jan 21, 11:00 AM – 4:00 PM and Sun Jan 23, 11:00 AM - 2:30 PM, \$135 per hour or \$75 per half hour, appointment and prepayment required.

JAMES WANLESS, PH.D. (Columbia University Political Science) was a distinguished university professor in the Middle East when he experienced a life-threatening disease which led to a spiritual transformation. He relinquished his academic career and began to share his new found wisdom and inspiration by teaching groups how to live happy, healthy, holy, and wealthy. He is a pioneer of new thinking recognized for weaving timeless wisdom into modern life with intuitive tools and symbolic systems. With his magical blend of personal charisma, humor, and pragmatic enthusiasm, this prodigious explorer of consciousness engages his audience in a transformative experience that inspires and enlightens. James is a corporate shaman, truly a "bridge between worlds".

Did you know . . . you can do LAY AWAY FOR EVENTS?

We offer the option to set up a lay away for any of the more expensive events. Pay a little each week and just be sure to pay it off by the time the event occurs.

Calendar of Events for January - February 2011

TAI CHI

Tai Chi-Chi Kung: Beginners & New Students Sifu (Teacher) Gary Tong, Certified Instructor

Learn natural ways to improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.

Tues Jan 4, 11, 18 & 25, \$50 prepaid for the 4 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.

Tues, Feb 1, 8, 15 & 22, \$50 prepaid for the 4 weeks series or \$15 each class, maximum 10. 6:00 - 7:00 PM.



Tai Chi-Chi Kung: Intermediate/For Those Who Have Learned the Circle Form

Sifu (Teacher) Gary Tong, Certified Instructor

Learn natural ways to improve balance, focus, memory and concentration. Strengthen the immune system, reduce anxiety and mood disturbances. Improve functions of circulatory, respiratory, nervous, digestive and endocrine systems.

Thurs Jan 6, 13, 20 & 27, \$50 prepaid for the 4 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.

Thurs Dec Feb 3, 10, 17 & 24 \$50 prepaid for the 4 week series or \$15 each class, maximum 10, 6:00 - 7:00 PM.

YOGA

Yoga Foundations for All Bodies

Carlee Kalyani

Do you experience challenges in your body? Does your back feel tight? Do you struggle with illness? Everyone's body is unique. In this series you will experience Anusara-inspired hatha yoga



sessions that bring more space into your body and allow you to experience your full potential. Proper alignment allows the body to integrate by providing stability in the joints, freedom of movement, and increased flexibility. This practice focuses on toning muscle groups and safely stretching connective tissues, allowing you to enjoy the benefits of increased energy, health, and overall well-being. By

getting in tune with your body, you will experience benefits ranging from increased concentration and relaxation to better golf and tennis. Do the things you never thought possible and go beyond self-imposed limitations. You will be amazed at the results!

Tues Jan 4, 11, 18 & 25 and Tues Feb 1, 8, 15 & 22, 12:00 - 1:00 PM, \$10 per class.

YOGA

Hatha Yoga Giselle Denisse

Dedicate an hour to yourself to experience a complete body and mind connection through a graceful flow of yoga. Practice focusing by synchronizing each breath with a pose and ultimately aligning your mind with spirit through *savasana* (final relaxation). Find your flexibility while purifying your body of toxins and observe how your body awakens. This class is open to all fitness levels. Please bring your own mat or purchase one at *The Crystal Garden*.



Mon Jan 3, 10, 17, 24 & 31, 6:00 - 7:00 PM, \$50 prepaid for the 5 week series or \$12 each class.

Wed Jan 5, 12, 19 & 26, 6:00 - 7:00 PM, \$40 prepaid for the 4 week series or \$12 each class.

Thurs Jan 6, 13, 20 & 27, 11:15 AM - 12:15 PM, \$40 prepaid for the 4 week series or \$12 each class.

Wed Feb 2, 9, 16 & 23, 6:00 - 7:00 PM, \$40 prepaid for the 4 week series or \$12 each class.

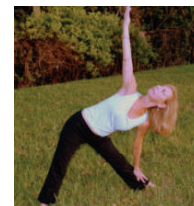
Thurs Feb 3, 10, 17 & 24, 11:15 AM - 12:15 PM, \$40 prepaid for the 4 week series or \$12 each class.

Mon Feb 7, 14, 21 & 28, 6:00 - 7:00 PM, \$40 prepaid for the 4 week series or \$12 each class.

Beginner's Gentle Yoga

Clay Goldstein

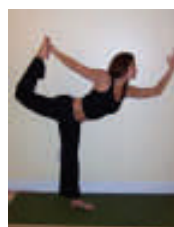
Join us for a graceful blend of yoga postures emphasizing breathing with synchronized movement and alignment, while building strength, flexibility, and balance, combined with meditation for relaxation and clarity. Perfect for those new to yoga and for ongoing students. Bring a yoga mat or purchase one at *The Crystal Garden*.



Mon Jan 3, 10, 17, 24 & 31, \$60 prepaid for the 5 week series or \$15 each class, maximum 8, 11:15 AM - 12:15 PM.

Mon Feb 7, 14, 21 & 28, \$50 prepaid for the 4 week series or \$15 each class, maximum 8, 11:15 AM - 12:15 PM.

Hatha Yoga Flow Caroline Elizabeth



This hatha yoga flow class has many physical and mental benefits, as it improves flexibility, strengthens, tones, and builds muscles, corrects posture, strengthens the spine, creates balance and grace, and encourages weight loss. Mental benefits include increased body awareness, relief of chronic stress patterns in

the body, refreshes the body by relieving muscle strain, relaxes the mind and body, centers attention, sharpens concentration and frees the spirit. For beginners to advanced. Yoga is grace, honor your body and mind! Please bring your own mat or purchase one at *The Crystal Garden*. **Fri Jan 7, 14, 21 & 28 and Fri Feb 4, 11, 18 & 25, 4:00 - 5:00 PM, \$50 prepaid for the 4 week series or \$15 each class, minimum 3 prepaid students each class.**

**Remember to call to register for all classes.
Call 561-369-2836
or register online at
www.TheCrystalGarden.com**



Prosperity Mist



Bliss Mist



Spa Mist



Angel Gemstone Oracle Deck by Margaret Ann Lembo and Victoria Rose Martin

Gemstones are powerful tools which guide you toward personal understanding. The colors and shapes of the stones bring you messages to motivate and heal you in many ways. This deck of 44 oracle cards by Margaret Ann Lembo in collaboration with Victoria Rose Martin will familiarize you with 44 gemstones. They will bring you messages to increase your awareness. The messages on one side give you a reading. The angel associated with the gemstone on the other side of the card provides you with a positive affirmation to help you transform your reality. You'll learn to give accurate Angel Gemstone Oracle readings for yourself and others as you use these cards regularly. **\$15.95**



Traveler's Essential Oil Set Best Seller's Essential Oil Set



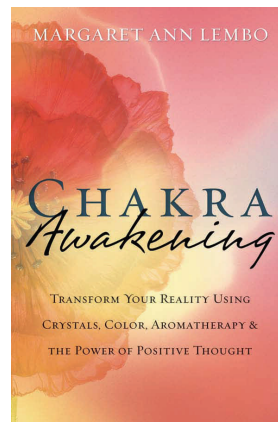
Citrus Oil Sampler Set



Margaret Ann Lembo's new book is being released on April 8, 2011.

Save the date for a big launch party!

Chakra Awakening features:



- Full chapters on each chakra provide an in-depth understanding of chakras including descriptions to recognize out-of-balance chakras. A spotlight on tools for returning to the chakra to balance is given.

- Learn to clear and create sacred space through the use of herbs and resins including the use of sound, flower essences and holy waters.

- Color photos of over 40 gemstones with their qualities and positive affirmations for each crystal. These descriptions are provided to activate your intention and create reality.
- Descriptions and photos to identify the various faces of clear quartz are included. Learn how to clear and charge all gemstones through a scientifically documented procedure.
- Aromatherapy and the use of pure essential oils is provided to use in association with re-balancing the chakra.

Endorsement:

"Get out your highlighter! Margaret Ann Lembo's wonderful book is filled with profound ancient wisdom, but at the same time it's overflowing with usable and transformational information. It's a great resource for anyone's library. This book can truly help you to balance all of your chakra's (and your life!) with ease and joy!"

Denise Linn
best selling author of "Sacred Space"

Save \$5

You will receive a coupon when you attend a class that will give you \$5 off a purchase of merchandise totaling \$20 or more before sales tax. This offer is available in person at the physical store. Our events are profound! Come join us!

Offer Expires: within a week of the date of the event you attend.